

Proposal To:

Ohio Department of Job and Family Services

**RFGA # JFSR1415178081
Ohio Parenting and Pregnancy
Program Grant**

Due: July 24, 2014 by 3:00 p.m.

Submitted by:
Beech Brook
3737 Lander Road
Cleveland, OH 44124



3737 Lander Road, Cleveland, OH 44124
BRINGING HOPE TO CHILDREN AND FAMILIES SINCE 1852
PHONE 216.831.2255 FAX 216.831.0436 WEB www.beechbrook.org

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July 24, 2014

Office of Contracts and Acquisitions
Ohio Department of Job and Family Services
Attn: Jay Easterling, Deputy Director
30 East Broad Street, 31st Floor
Columbus, OH 43215

Re: Ohio Parenting Program Grant – RFGA # JFSR1415178081

Dear Mr. Easterling:

Beech Brook is pleased to present the Ohio Department of Job and Family Services, Office of Contracts and Acquisitions our proposal in response to the Ohio Parenting Program Grant RFGA # JFSR1415178081. We acknowledge that we have reviewed Addenda/Amendments 1 dated 6/3/2014 and 2 dated 6/24/14.

As a 501(c)(3) not-for-profit organization, Beech Brook is dedicated to advancing the well-being and self-sufficiency of children, youth and families by providing effective, innovative physical and behavioral health, permanency, educational and related services and by serving as a strong voice for children, youth and families.

For over 50 years, the Family Health Programs (Family Health merged with Beech Brook in 1992) have been nurturing families and providing parent education and support to families throughout Cuyahoga County. For the past 18 years, Family Health of Beech Brook has been providing parenting education and support in the Central area with our Family Health Center that is located at the Carl B. Stokes Social Services Mall. We have also provided pregnancy prevention/abortion prevention Comprehensive Sex Ed services for the past 40 years in eight schools districts to more than 6,000 students just last year. Additionally, having roots as an orphanage, we have a longstanding history of expertise in foster care and adoption assistance, and all of our parenting programs are designed to promote healthy children and families, and provide parents and caregivers with the skills and resources they need to parent successfully, regardless of age, be self-sufficient and stable.

We are excited at the opportunity to expand our existing services to promote healthy parenting and childbirth as well as pregnancy/abortion prevention services through this grant opportunity. If you have any questions regarding our application or programs, please contact me or Stacey Duwe, Director of Foundation Relations, at 216-831-2255. We look forward to working with you on this important endeavor.

Sincerely,

Debra Rex, M.A., M.Ed.
President and Chief Executive Officer





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Section I – Required Grantee Information and Certifications

Completed and attached on the following pages.

Section II – Location of Business Form

Completed and attached on the following pages.

Attachment A

Attachment A consists of 2 distinct and different sections. Both sections must be completed and included in Tab 1 of the proposal.

Section I – Required Grantee Information

Section II - Location of Business Form

Attachment A—Section I

REQUIRED GRANTEE INFORMATION and CERTIFICATIONS

Purpose: The Ohio Department of Job and Family Services (ODJFS) requires the following information on applicants who submit proposals or applications in response to any ODJFS Requests for Grant Applications (RFGAs), in order to facilitate the development of the grant with the selected applicant. ODJFS reserves the right to reject your application if you fail to provide this information fully, accurately, and by the deadline set by ODJFS. Further, some of this information (as identified below) **must** be provided in order for ODJFS to accept and consider your application. **Failure to provide such required information will result in your application's immediate disqualification.**

Instructions: Provide the following information regarding the applicant organization submitting the application. Applicants may either print this attachment, complete and sign it, or may provide the required information and certifications (each fully re-stated from this attachment) on their letterhead as the opening pages of their applications. It is mandatory that the information provided is certified with an original signature (in blue ink, please) from a person with authority to represent the applicant. Applicants are to provide the completed and signed information and certifications as the cover pages of their original proposal submitted to ODJFS.

IMPORTANT: If the RFGA specified a maximum page limit for applicant proposals, the attachment of any required certifications, other documents, or additional pages needed to fully provide the information requested here will **NOT** be counted against that page limit.

Applicants must provide all information

1. ODJFS RFGA #: RFGA # JFSR1415178081	2. Application Due Date: July 24, 2014
3. Name: (legal name of the grantee – person or organization – to whom grant payments would be made) Beech Brook	
3a. Grantee's Ohio Administrative Knowledge System (OAKS) ID#: [Vendors may apply for an OAKS vendor ID# at: http://ohiosharedservices.ohio.gov/Vendors.aspx . The necessary forms to be completed and remitted to Ohio Shared Services are the Vendor Information Form (OBM-5657) and the IRS Form W-9. Completion and/or submission of these forms to Ohio Shared Services <u>does not</u> assume a vendor/applicant award of any ODJFS contract/grant.] Vendor ID: 0000063182	
4. Grantee Corporate Address: 3737 Lander Road Cleveland, OH 44124	5. Grantee Remittance Address: (or "same" if same as Item # 4) Same
6. Print or type information on the grantee representative/contact person <u>authorized to answer questions on the application</u>: Grantee Representative NAME and TITLE: Stacey Duwe, Director of Foundation Relations Address: 3737 Lander Road Cleveland, OH 44124 E-Mail Address: sduwe@beechbrook.org Phone #: 216-831-2255 Fax #: 216-831-0436	
7. Print or type the name of the grantee representative <u>authorized to address contractual issues, including the authority to execute a contract on behalf of the vendor, and to whom legal notices regarding contract termination or breach, should be sent</u> (if not the same individual as in #6, provide the following information on each such representative and specify their function): Grantee Representative NAME and TITLE: Debra Rex, President and Chief Executive Officer Address: 3737 Lander Road Cleveland, OH 44124 E-Mail Address: drex@beechbrook.org Phone #: 216-831-2255 Fax #: 216-831-0436	

8. Is this grantee an Ohio certified MBE? Yes ☐ No ☒ If yes, attach a copy of current certification to proposal\bid. (If ODJFS has specified the RFGA document as an opportunity open exclusively to Ohio Certified MBEs, then failure to attach a copy of current certification WILL RESULT IN DISQUALIFICATION.)

9. Mandatory Grantee Certifications:

ODJFS may not enter into agreements with/make purchases from any organizations that have been found to be ineligible for state contracts under specific federal or Ohio statutes or regulations. Organizations responding to any ODJFS RFGA opportunity **MUST** certify that they are NOT INELIGIBLE by signing each of the three statements below. **Failure to provide proper affirming signature on any of these statements will result in the disqualification of your application.**

I, Debra Rex (signature of representative shown in Item # 7, above) hereby certify and affirm that Beech Brook (name of the vendor shown in Item # 3, above), has not been debarred, suspended, proposed for debarment, declared ineligible, or voluntarily excluded from participation in transactions by the United States Department of Labor, the United States Department of Health and Human Services, or any other federal department or agency as set forth in 29 CFR Part 98, or 45 CFR Part 76, or other applicable statutes.

AND

I, Debra Rex (signature of representative shown in Item #7, above) hereby certify and affirm that Beech Brook (name of the vendor shown in Item # 3, above), is **not on the list established by the Ohio Secretary of State, pursuant to ORC Section 121.23, which identifies persons and businesses with more than one unfair labor practice contempt of court finding against them.**

AND

I, Debra Rex (signature of representative shown in Item #7, above) hereby certify and affirm that
Beech Brook (name of the vendor shown in Item # 3, above), **either is not subject to a finding for
recovery under ORC Section 9.24, or has taken appropriate remedial steps required under that statute, or otherwise
qualifies under that section to enter into contracts with the State of Ohio.**

10. Equal Employment Opportunity Information on the Grantee and any Sub-grantee(s)

A. Provide vendor employee data both nationwide (including Ohio staff), and Ohio office employees separately:

	Nationwide	Ohio Offices
Total Number of Employees:	_____	501
% of those who are Women:	_____	78%
% of those who are Minorities:		56%

B. If you are the selected vendor, will you subcontract any part of the work?

☒ NO -or- ☐ YES, but for less than 50% of the work -or- ☐ YES, for 50% or more of the work

If yes, provide the following information on each subcontractor (additional pages may be added as needed):

Subcontractor Name: N/A

Address: _____

Work To Be N/A

Performed: _____

(a brief description)

Subcontractor's Estimated Percentage of Total Project (in % of work, not % of dollars): N/A

If 50% or more of the work will be subcontracted, then ALSO provide the following information on ALL proposed sub-grantees:

	Nationwide	Ohio Offices
Total Number of Employees:	N/A	
% of those who are Women:		
% of those who are Minorities:		

C. Identify all state grants which the grantee has since the beginning of the last fiscal year (i.e., since July 01, 2012) through

this fiscal year to date. Also include grants approved for ODJFS or institutions of higher education:

Total number of grants: 0

For each state grant, list the state agency and provide the following information:

State Agency/Educational Institution: N/A

Grant Dollar Amount: N/A

State Agency/Educational Institution: N/A

Grant Dollar Amount: N/A

State Agency/Educational Institution: N/A

Grant Dollar Amount: N/A

Attach additional pages if needed

11. Grantee Ethics Certification

As a grantee receiving grants from the State of Ohio, I certify on behalf of
Beech Brook (name of vendor or grantee):

(1) I have reviewed and understand Ohio ethics and conflict of interests' laws, as found in Chapter 102. and Sections 2921.42 and 2921.43 of the Ohio Revised Code.

(2) I acknowledge that failure to comply with this certification is, by itself, grounds for termination of this contract or grant with the State of Ohio.

Debra Rex 7/24/2014
Signature of authorized agent Date

12. I have read the ODJFS Model Grant attached to the RFGA, and if awarded a grant, I will not X (or) I will _____ request changes to the standard language, and have marked the requested changes and returned the model document with this proposal for consideration by ODJFS. (If so, ODJFS will review those requested changes if you are the selected grantee. All requested changes to model contract language are subject to ODJFS approval.)

13. I Debra Rex, (grantee representative in Item # 7) hereby affirm that this proposal accurately represents the capabilities and qualifications of Beech Brook (grantee's name), and I hereby affirm that the cost(s) bid to ODJFS for the performance of services and/or provision of goods covered in this application in response to this ODJFS RFGA is a firm fixed price, inclusive of all incidental as well as primary costs. (Failure to provide the proper affirming signature on this item may result in the disqualification of your proposal\bid.)

14. **Location of Business Declaration:** Vendors responding to any ODJFS RFP/RLB/RFGA (etc.) must certify that no public funds shall be spent on services provided/performed offshore by completing, signing, and returning the "Location of Business Form," which is the final section of this attachment. **FAILURE TO PROPERLY COMPLETE, SIGN AND RETURN THIS FORM, INCLUDING THE "LOCATION OF BUSINESS FORM," WILL RESULT IN DISQUALIFICATION OF THE VENDOR FROM CONSIDERATION FOR AWARD OF AN ODJFS CONTRACT.**

Attachment A —Section II.

Location of Business Form

Pursuant to Governor's Executive Order 2011-12K (www.governor.ohio.gov), no public funds shall be spent on services provided offshore. This form serves as a certification of compliance with this policy and required disclosures. Please answer the following questions about the project or service you are seeking to perform for or the funding for which you are applying from the Ohio Department of Job and Family Services:

1. Principal location of business of Grantee:

<u>3737 Lander Road</u>	<u>Cleveland, OH 44124</u>
(Address)	(City, State, Zip)

Name/Principal location of business of sub-grantee(s):

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

2. Location where services will be performed by Grantee:

<u>6001 Woodland Ave.</u>	<u>Cleveland, OH 44104</u>
(Address)	(City, State, Zip)

Name/Location where services will be performed by sub-grantee(s):

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

3. Location where state data will be stored, accessed, tested, maintained or backed-up, by Grantee:

<u>3737 Lander Road</u>	<u>Cleveland, OH 44124</u>
(Address)	(Address, City, State, Zip)

Name/Location(s) where state data will be stored, accessed, tested, maintained or backed-up by sub-grantee(s):

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

<u>N/A</u>	<u>N/A</u>
(Name)	(Address, City, State, Zip)

4. Location where services to be performed will be changed or shifted by Grantee

6001 Woodland Ave.
(Address)

Cleveland, OH 44104
(Address, City, State, Zip)

Name/Location(s) where services will be changed or shifted to be performed by sub-grantee(s):

N/A
(Name)

N/A
(Address, City, State, Zip)

N/A
(Name)

N/A
(Address, City, State, Zip)

N/A
(Name)

N/A
(Address, City, State, Zip)

By signing below, I hereby certify and affirm that I have reviewed, understand, and will abide by the Governor's Executive Order 2011-12K. I attest that no funds provided by ODJFS for this grant or any other agreement will be used to purchase services provided outside the United States or to contract with a sub-grantee(s) who will use the funds to purchase services provided outside the United States. I will promptly notify ODJFS if there is a change in the location where any of the services relating to this project will be performed. If I am signing this on behalf of a company, business, or organization, I hereby acknowledge that I have the authority to make this certification on behalf of that entity.



Signature

7/24/2014

Date

Beech Brook

Entity Name

Debra Rex, M.A., M.Ed.

President and CEO

Printed name of individual authorized
to sign on behalf of entity

3737 Lander Road

Address (Principal place of business)

Cleveland, OH 44124

City, State, Zip



Technical Application

Application Cover Page

Application Cover Page

Application Cover Page

Instructions: Applicants are to fully complete this application and submit it with any additional required documents to be officially deemed the applicant's submitted response. Applicants may replicate this application in order to provide necessary responses; however, no application text may be altered or the applicant may risk disqualification.

Organization Name:	Beech Brook
Organization Address:	3737 Lander Road Cleveland, OH 44140
Point of Contact:	Stacey Duwe, Director of Foundation Relations
Telephone Number:	216-831-2255
Fax Number:	216-831-0436
E-mail Address:	sduwe@beechbrook.org
Federal Tax ID Number:	34-0714597
OAKS Vendor ID (if have one):	0000063182
DUNS Number:	02-2644274
Director/CEO:	Debra Rex, M.A., M.Ed.
Name of Signature Authority:	Debra Rex, M.A., M.Ed.
Title of Signature Authority:	President and Chief Executive Officer



Mandatory Application Qualifications

In order to be considered for the grant expected to result from this RFGA, ODJFS requires that interested applications **MUST** meet, at minimum, **ALL** the following qualification requirements. Applicants who do not meet the following requirements shall not be considered for any grant award.

Mandatory Applicant Qualifications

1. Applicants **MUST** provide evidence that they are a private not-for-profit organization by submitting a copy of their organization's current and valid not-for-profit 501(c)(3) tax status determination letter from the Internal Revenue Service (IRS). Please attach this documentation with your agency's application submission.

Beech Brook is 501(c)(3) not-for-profit organization dedicated to advancing the well-being and self-sufficiency of children, youth and families by providing effective, innovative physical and behavioral health, permanency, educational and related services and by serving as a strong voice for children, youth and families. We have provided a copy of our 501(c)(3) tax status determination letter in **Appendix A** of this proposal response.

Mandatory Applicant Qualifications

2. Applicants **MUST** demonstrate that they have a physical location or office in the state of Ohio. Please provide your agency's office location.

Beech Brook's main campus location and administrative offices are located at 3737 Lander Road, Cleveland, OH 44124. We have additional locations in Ohio as listed below:

Beech Brook Family Drop-In Center
Carl B. Stokes Social Services Mall
6001 Woodland Avenue
Cleveland, OH 44104

City of Cleveland
Weizer Building
11801 Buckeye Road
Cleveland, OH 44120

Lorain County Office
347 Midway Plaza, Suite 204
Elyria, OH 44035

Summit County Office
323 Main Street, Suite 201
Akron, OH 44308

Mandatory Applicant Qualifications

3. Applicants **MUST** sign the Program Assurances affirmation page of this application and include it in their application submission.

We have signed the Program Assurances affirmation page of this application and have included it at the back of this section of the proposal response under the tab Program Assurances.

Mandatory Applicant Qualifications

4. Applicants **MUST** identify and assign one key staff person [to serve as Program Lead] who can demonstrate a minimum of two (2) years of experience operating in areas of family planning or other services such as abortion prevention services, childbirth promotion, parenting development and/or adoption assistance and also resides in the state of Ohio. Applicant must provide an affirmation that the Program Lead resides in Ohio (Do Not provide Program Lead's home address). Profile and resume must be included for the Program Lead.

Beech Brook has designated **Debra Brown, Manager of Supportive Parenting Programs**, as the key staff person who will serve as the **Program Lead** for the Ohio Parenting and Pregnancy Program Grant. Debra Brown lives in Ohio, and as reflected in her resume. Debra more than meets the required minimum experience of two (2) years of experience operating in areas of family planning or other services such as abortion prevention services, childbirth promotion, parenting development and/or adoption assistance.

Debra graduated from Cuyahoga Community College with a concentration in Early Childhood, and received a Bachelor's degree in Social Work from Capital University. She was employed by the Cleveland Metropolitan School District for 17 years at middle schools and high schools as an at-risk coordinator and then as a family liaison. She has worked at Beech Brook since 1993, first as a family life educator and now as manager of the Supportive Parenting Program. A trained mediator, she has facilitated parenting and anger management groups and worked with children from birth through adolescence. Please refer to **Appendix B** for Debra Brown's complete resume.



Organizational Experience and Capabilities

(Responses should be no more than 2 pages in total for Items 5-6).

Organizational Experience and Capabilities

5. Clearly identify the indicators of your agency's effectiveness, quality and outcomes achieved for similar programs. And if the desired outcomes were not met, include an explanation of the lessons learned and how those obstacles were corrected.

Beech Brook has been providing Family Health programs (Family Health merged with Beech Brook in 1992) for more than 50 years. For the past 18 years, Family Health of Beech Brook has been a provider of parenting education and support in the Central area with our Family Health Center at the Carl B. Stokes Social Services Mall, located adjacent to the CMHA projects in the Central neighborhood, one of the poorest communities in Cleveland and in the country. As a fully-integrated and trusted member of the community, the Beech Brook Family Health Center serves as a haven for families, with services that include parenting programs, father's group, anger management/conflict resolution groups, drop-in time for individual consultation and referrals, family outings and workshops.

The Family Health Center has always been highly collaborative in nature, with the Stokes Social Services Mall serving as an easily accessible hub for all types of family support. We have an especially close working relationship with the Marion Sterling School, CMHA, Care Alliance and the Cleveland Treatment Center. The Family Health Center staff members attend monthly provider meetings and are very collaborative with all 18 service partners in the Mall. We also are active members of the local collaborative group of Central and partner regularly with Friendly Inn and other Central Area providers.

Since so much of the work of the Center involves helping clients connect with needed services, we have strong relationships with homeless shelters, food pantries, child care providers, schools, libraries and recreation centers. We regularly distribute flyers and meet with local churches, hospitals, clinics and businesses as well as other community agencies such as the Salvation Army.

During our first year of programming, 67 parents were provided service. Last year, services were provided to more than 1600 parents. Evaluation activities measures intermediary goals including parenting attitudes which correlate with child abuse, attitudes related to anger and aggression, and clients perceptions regarding their own parenting and stress management skills. Tools used to collect data include The Adult Adolescent Parenting Inventory (AAPI), The Aggressions Questionnaire, and The Parenting Skills Survey. Outcome evaluations resulted in some of the findings below:

- Comparison of Parenting-AAPI-2 and post-test yielded statistically significant improvement ($p < .05$) for the overall scale and the expectations and corporal punishment subscales. All subscales showed improvement in the desired outcome.
- Aggression Questionnaire results indicated statistically significant improvement ($p < .0$) for overall aggression scale, as well as each of the subscales.
- Parenting Skills Survey showed significant improvement ($p < .001$) in parenting confidence)
- STEPS is a simple, scientifically-based parent education program to help families nurture their children's development from birth through age five. Program surveys showed improvement on all questions and three questions showed significant improvement ($p < .05$).
- Overall satisfaction responses are very positive. A high percentage of clients' report they are given tools they need to succeed and optimism about their ability to apply these tools.
- Comprehensive Sex Ed (CSE) uses evidenced-based, multi-session curricula to teach age appropriate sexual health education, STD and pregnancy prevention throughout Cuyahoga County. Past uses of pre and post-test evaluations of the CSE program have indicated that test scores increased significantly for students in terms of knowledge gained.



Organizational Experience and Capabilities

6. Describe your agency's length and depth of experience providing services in the following areas (minimum of 2 years in each):
 - a. Family planning or other services;
 - b. Abortion prevention services and childbirth promotion; and,
 - c. Parenting development and/or adoption assistance.

Beech Brook has been serving Northeast Ohio's most vulnerable children for 162 years. Today, as a leading behavioral health agency, Beech Brook serves more than 24,000 children, teens, and families each year.

In 1852, Beech Brook opened its doors as Cleveland's first orphanage, marking the beginning of a long legacy of hope and healing for children and families. Although residential treatment remained a mainstay of Beech Brook's programs, the agency began to expand its programs to help children in their homes and schools, providing the help they needed before their problems became severe. By the 1990s, while residential and day treatment for the most seriously troubled children continued on Beech Brook's main campus, the development of community-based services to provide earlier intervention and preserve families had expanded Beech Brook's reach to families throughout the Greater Cleveland area.

Experience in Family Planning or Other Services – For over 50 years, the Family Health Programs (Family Health merged with Beech Brook in 1992) have been nurturing families and providing parent education and support to families throughout Cuyahoga County. For the past 18 years, Family Health of Beech Brook has been providing parenting education and support in the Central area with our Family Health Center that is located at the Carl B. Stokes Social Services Mall. During our first year of programming, 67 parents were provided service. Last year, services were provided to 1,600 parents.

Additionally, for more than 40 years, The Family Health department of Beech Brook has provided Comprehensive Sex Education to school-aged children in multiple school districts. Last year, we provided CSE in 8 school districts, which allowed us to provide services to more than 6,000 students.

Experience in Abortion Prevention Services and Childbirth Promotion – Beech Brook parenting programs are designed to promote healthy childbirth and development of healthy families. We have provided services to parenting teen and adults as it relates to prenatal care, pregnancy and healthy parenting in the Central neighborhood for 18 years. For more than 40 years, Family Health has taught our Comprehensive Sex Ed program as a STD and pregnancy prevention program, keeping in mind that mitigation of unplanned pregnancies helps to prevent abortions as well. Last year, we provided CSE services in 8 school districts to more than 6,000 students, impacting the amount of youth who have received the tools to make positive choices about parenting, delaying sexual activity, using contraception and general good decision making in other stages of their development into adulthood. The Beech Brook CSE program has collaborated with school districts, the Cuyahoga County Department of Health, hospitals, and faith-based organizations. We also provide opportunities to meet with parents of students in the CSE program in an effort to educate the parents on the information being presented to their children with the hope that this will create an open dialogue between families.

Experience in Parent Development and/or Adoption Assistance – From our humble beginnings as the first orphanage in Cleveland back in 1852, Beech Brook has a longstanding history of expertise in foster care and adoption assistance. As described all throughout this proposal, our parenting programs at the Family Health Center (in the Central neighborhood for the past 18 years) are designed to assist parents and caregivers of all ages with the skills and resources they need to have strong, healthy families. Our parent development services focus on helping our clients become better parents, deal with issues around having been raised in foster care (when applicable), giving them the tools they need to parent at a young age, be self-sufficient, and stable. In addition to parenting classes on a variety of topics, we provide basic needs and referrals for basic needs such housing, food, job placement, housing assistance, etc. with a goal of offering a complete wraparound experience for the families we serve.



Key Staff Experience and Capabilities

Profiles and resumes must easily identify how the applicant's key staff meet the required experience and capabilities for this program. Profiles and resumes must also be included for all persons proposed for key positions. (Response should be no more than 8 pages in total for Items 7-10, not including key staff resumes.)

Key Staff Experience and Capabilities

7. Identify and assign a key staff member as Program Outcome Manager to be responsible for ensuring that the applicant's proposed planned uses of funding (i.e., increase number served, provide new or expanded services, expand geographical area served, or other relevant use of funding) have been successfully accomplished and provided. The Program Outcome Manager should have at least one (1) year experience in working in areas of family planning or other services such as abortion prevention services, childbirth promotion, parenting development, and/or adoption assistance. Note: The applicant's Program Outcome Manager may also serve as Program Lead; however, the applicant must demonstrate that the assigned key staff person meets the minimum required experience for both roles.

Beech Brook has designated **Jason May, Evaluation Analyst, as the Program Outcome Manager** for the Ohio Parenting and Pregnancy Program. Jason meets the minimum requirement of at least one (1) year experience in working in areas of family planning or other related services. Jason has been measuring the outcomes of Beech Brook's parenting programs for the past year, where he uses his analytic skills to measure and report on program outcomes. He helps to ensure intended program outcomes are met or exceeded, data is tracked and recorded properly, and funders are kept abreast of program outcome results.

Jason holds a Master's of Science in Psychology from Capella University and Bachelor of Arts in Psychology from Cleveland State University.

Jason's complete resume can be found in **Appendix C**.

Key Staff Experience and Capabilities

8. Identify and assign a key staff member as Fiscal Specialist to be responsible for preparing the monthly invoices and ensuring adherence to fiscal policies and procedures, and preparing any additional reports as necessary. The Fiscal Specialist should have at least one (1) year of experience in working with fiscal program and/or systems.

Beech Brook has designated **Laura McMullen, Controller, as Fiscal Specialist** for the Ohio Parenting and Pregnancy Program. Laura will prepare the monthly invoices for this program grant, will ensure adherence to fiscal policies and procedures, and will prepare any additional reports as necessary. She meets the minimum requirement of working with fiscal programs and/or system for at least one (1) year. Laura has been the Controller for Beech Brook since 2009. In her role as controller, she performs all functions of the Fiscal Specialist as well as range of other functions of financial management for Beech Brook, from payroll supervision to monthly and year-end financial reporting. Laura also works closely with program personnel to ensure proper tracking and allocation of restricted programmatic funds.

Laura holds a Master's of Business Administration in Finance and Management Technology and a Bachelor of Science in Management Science with a concentration in Finance, both from Case Western Reserve University.

Laura's complete resume can be found in **Appendix C**.

Key Staff Experience and Capabilities

9. Identify and assign at least one key staff member as Case Worker to be responsible for coordinating care, resources and services for individual or family participants that will services to promote childbirth and parenting. The Case Worker should have at least one (1) year of experience in working in areas of family planning or other family services that promote parenting, two parent families or family intervention services.



Proposal To:
Ohio Department of Job and Family Services
Ohio Parenting and Pregnancy Program Grant

Beech Brook has designated **Angela Wilson, Family Life Educator, as the Case Worker** for the Ohio Parenting and Pregnancy Program. Angela meets the required minimum experience of one (1) working in areas of family planning or other family services that promote parenting, two parent families or family intervention services. Angela will be responsible for coordinating care, resources and services for individual or family participants that will promote childbirth and parenting. Angela has worked as Family Life Educator with Beech Brook for more than seven (7) years and is experienced in child development education, in-home visits/assessments, facilitating parent groups and helping build healthy families in our communities.

Angela has a Bachelor of Arts in Individual/Family Studies and Gerontology from Kent State University.

Angela's complete resume can be found in **Appendix C**.

Key Staff Experience and Capabilities

10. Identify, by position and by name, any additional support staff your agency considers key to the program's success located within the service providers' office. Provide a list of key staff, their relevant education and work experience (including the subject and duration) and the duties they will perform under this program.

Additional staff that Beech Brook considers necessary to the success of the Ohio Parenting and Pregnancy Program is identified below:

Terri Davis, Director of Family Health, will serve as the backup to Debra Brown as the Program Leader. Terri has been employed at Beech Brook since 1987. During her tenure at the agency she has served as a Parent Educator, Supervisor of the Parent Education Program and Coordinator of the Home Visitors Program. Currently she is the Director of Family Health and manages multiple programs, including Divorce Seminars helping parents deal with the impact of separation and divorce upon the children; the Moms and Mentors program for pregnant teens and young mothers in the foster care system; Family Liaison for the FAMICOS Foundation/Homeless Prevention and Rapid Re-housing Program; Comprehensive Sex Ed; and Parents Helping Parents (PHP). Terri was instrumental in the creation of the Family Health Center and has continued to oversee it. She holds a BA in Urban Studies from Garfield College and is a certified mediator. Terri has also been trained to teach various Parenting and Anger Management curricula. In 2010 Terri was awarded the Carolyn Grossman Award by the Heights Parents Center, and in 2012 she received the Flora Award from the Flora Stone Mather Center at CWRU.

Stephanna Caviness, Family Life Educator, will facilitate Comprehensive Sex Ed Groups at the Family Health Center and in the community. The CSE curriculum is an important educational tool as it relates to the prevention of early pregnancies and the prevention of STD's. Stephanna has facilitated the CSE curriculum for more than five (5) years.

Aleatha Powell, Community Health Worker/Wellness Coach, will conduct Wellness sessions for both groups and individuals. As Community Health Work/Wellness Coach, Aleatha builds individual and community capacity by increasing health knowledge and self-sufficiency through outreach, community education, linkages, informal counseling, social support and advocacy.

Cassandra Bigsby, Care Coordinator/Liaison, will work to ensure that all PIC program clients move efficiently through the PIC services and will connect them to the other services available to clients at the Beech Brook/Care Alliance Family Health Center and other community resources as needed. Cassandra would also be responsible for recruiting families into the program and serving as the liaison to Care Alliance and other community partners.

Vanessa Davis, Community Health Worker, will facilitate the STEPS (Early Brain Development Curriculum) program. As a Family Life Educator, Vanessa is trained in mediation, child development, urban leadership and infant brain development (STEPS program).

Jeanette Brown, Child Care Specialist, will provide center-based child care during the time that parents are in the group sessions. Jeanette has provided child care at the Family Health Center for more than five (5) years.



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Darnell Carter, Family Life Educator, will facilitate the Father's Group and co-facilitate the Healthy Relationship Saturday Morning Breakfast Group. As a family life educator for Beech Brook since 1995, Mr. Carter provides parenting support services to our clients at the Carl B. Stokes social services mall. Prior to working with Beech Brook, he spent nearly 20 years in various social services capacities, including Supervisor of the Emergency Services Program for Salvation Army's Harbour Light Complex, Counselor for Weekend Intervention Program at Deaconess Hospital, Case Manager for the Substance Abuse/Mentally Ill SAMI Project for Neighborhood Counseling Services, and Social Worker for Community Guidance, Inc. Darnell is very skilled in working with the clients served at Beech Brook's Family Health Center, where he teaches classes to at-risk families to further strengthen and develop their parenting and anger management skills.

Resumes for each of these key individuals can be found in **Appendix C**.



Applicant Agency Profile

(Responses should be no more than 4 pages in total for Items 11-13, not including attached brochures/printed material.)

Applicant Agency Profile

11. Describe the services your agency currently provides, including logistics of operations and geographical areas of coverage, and any unique features. Include your agency's website address and attach a brochure or other printed material that provides information on your agency.

For 162 years, Beech Brook has been serving Northeast Ohio's most vulnerable children. Today, as a leading behavioral health agency, Beech Brook serves more than 24,000 children, teens and families each year. From prevention and early intervention programs to intensive treatment for the most seriously disturbed youth, Beech Brook helps to heal troubled children and strengthen families through these and other services:

- Intensive treatment for the most severely disturbed children and teens
- Residential treatment, including special programs for juvenile court-involved youth
- Day treatment
- Foster care for children of all ages
- Adoption for children with special needs
- Family preservation
- Outpatient counseling
- School-based mental health services
- Community-based programs for at-risk youth
- Parent support and education
- Prevention and early intervention services
- Early childhood services
- ACT Team for transitional youth
- Mentoring

The children, youth and families we work with are struggling with mental illness, child abuse and neglect, poverty, lack of educational attainment, and the lifelong effects of trauma. Beech Brook is a nationally recognized leader in trauma-informed care which means that understanding the effects of traumatic experiences on the lives of our children and families is central to all our work.

Geographically, our services were provided throughout a number of counties in Ohio, including: Cuyahoga (primarily); Summit; Lorain; and Lucas Counties. The vast majority of our clients are residents of Cuyahoga County (approximately 93% of all those served in Fiscal Year 2013).

Additional information regarding Beech Brook can be found on our website: www.beechbrook.org. We have also provided a copy of our most recently completed (FY 13) Annual Report, which provides additional information on our programs and the number of individuals served by program in **Appendix D** of this proposal response.

In December 2012, Beech Brook received a \$100,000 "Strategy Counts" grant from the Alliance for Children and Families that enabled us to begin positioning Beech Brook for a strategic transition into the world of integrated care. The Beech Brook/Care Alliance Family Health is a continuation of 18 years of work in promoting healthy child development at our Family Health Center (FHC) and includes our expansion effort with Care Alliance to offer a broader scope of integrated physical and behavioral health and public health outreach and education under one continuum of care.

At a time when physical and mental health service delivery and funding mechanisms are being reconfigured, Beech Brook and Care Alliance have been working together to prepare for emerging opportunities. Both organizations are committed to achieving primary and behavioral health care integration for the benefit of the two organizations' shared consumers.



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The most frequently mentioned barriers to providing high quality health care for complex at risk populations often include identification of providers willing to treat low income consumers with health complexity including mental health co-morbidity; lack of evidence-based treatment practices; poor access to culturally competent service delivery and a lack of care coordination.

The Beech Brook/Care Alliance initiative seeks to strengthen care and remove barriers by:

1. Expanding the range of health services on-site at the BB/CA FHC
2. Using active outreach to bring knowledge of health care services and self-management information to a priority population
3. Providing active case management and care coordination to enhance the consumer's ability to navigate the health system and access care
4. Integrating medical care, social services and behavioral health treatment
5. Delivering health care services using a trans-disciplinary and culturally competent team and practice models

Under the integrated care model, the services we provide include:

- Access to family doctor and medical team;
- Referrals to specialty care;
- Counseling;
- Social services;
- Parenting;
- Health and Wellness;
- Links to other providers such as employment assistance;
- Convenient scheduling;
- Morning and afternoon appointment most days of the week.

All services under our Integrated Care model would be made available to the parents we would enroll in our PIC Program for the Ohio Parenting and Pregnancy Program Grant at no additional charge.

Applicant Agency Profile

12. Describe the population your agency serves including any demographic information as well as family makeup. Include the number of families that your agency has served in the past 2 years.

Last year (FY13) Beech Brook served over 24,000 children, youth and families from throughout Northeast Ohio (over 22,000 served in FY12). The children, youth and families we work with are struggling with mental illness, child abuse and neglect, poverty, lack of educational attainment, and the lifelong effects of trauma. Beech Brook is a nationally recognized leader in trauma-informed care which means that understanding the effects of traumatic experiences on the lives of our children and families is central to all of our work.

Beech Brook has offices in the Buckeye and Central neighborhoods of the City of Cleveland, as well as our main offices and residential treatment center in Pepper Pike. The vast majority of our clients are residents of Cuyahoga County (approximately 93% of all those served in Fiscal Year 2013). In recent years, Beech Brook has expanded to provide services in Summit County, Lorain County, and Lucas County.

Beech Brook works with children and young adults from birth through age 24, as well as their family members. While Beech Brook's oldest and perhaps best-known program is residential treatment for youth ages 5-17, our prevention and early intervention programs and school-based services reach a much larger number of individuals and help to support families before these services are necessary.

Beech Brook has been serving the Central and surrounding neighborhoods for 18 years. As a fully-integrated and trusted member of the community, the Beech Brook Family Health Center serves as a haven for families, with services that include the Moms and Mentors program (for teen foster moms), parenting programs, father's group, anger management/conflict resolution groups, drop-in time for individual consultation and referrals, family outings



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and workshops. Currently this project provides services to more than 1,600 discrete parents per year and many of their children.

The Beech Brook Family Health Center is located adjacent to the CMHA projects in the Central neighborhood, one of the poorest communities in Cleveland and in the country. The poverty and unemployment rates in Central are twice that of the rest of Cleveland, and Cleveland is one of the poorest cities in the nation. The abject poverty in Central is captured by our intake statistics. For the first half of this year, we collected income data on 767 clients. Over 80% had incomes below \$10,000.

The Central Neighborhood is one of the poorest neighborhoods in Cleveland. According to the Center for Community Solutions Social Indicators, the neighborhood reported a 33% unemployment rate (the city's highest), an \$8,657 median household income (the city's lowest), and a 6.1% rate of person living below the poverty level. The neighborhood's children and teens suffer disproportionately, with 71% of families with children living below the poverty range (95% of those families are female head of household). The neighborhood's high school dropout and teen pregnancy rates are perennially high, as are rates of drug involvement among both parents and teens. The parents that come to the Beech Brook Family Center face considerable challenges. Some are teenagers with limited internal resources and very little external support. Others are recovering from alcohol and/or drug abuse. Many have been involved with the criminal justice system. Many parents are victims of domestic violence or have witnessed domestic violence. A 2012 report from the Ohio Bureau of Criminal Identification and Investigation revealed that in the Central and surrounding area there were 943 Domestic Violence Investigations (DVI's), 374 DVI Other, and 1,856 DVI No Charge.

Although the Center is located in and primarily serves the Central neighborhood, we draw clients from all over the East Side and the Near West Side. They come to the Center in the Central neighborhood because although they reside in disadvantaged areas, they can find no services comparable to the Beech Brook Family Health Center in other parts of the city.

As in most cases of impoverished environments, families and especially children, tend to suffer disproportionately. Families living under these stressful circumstances may find it difficult to function effectively as caregivers. No matter what is measured – child abuse, HIV rates, drug use, teen pregnancy, unemployment, domestic violence – Central has perennially high rates, with disastrous outcomes for children and families. A report prepared by the Center for Community Solutions outlines in grim detail the health disparities (asthma, low-birth weight, diabetes) and social indicators (female-headed households, younger population, housing units in poor condition) of the Central neighborhood¹.

The families we see at the Center are struggling. Some are teenagers with limited internal resources and very little external support. Many are single moms. Others are recovering from alcohol or drug addiction or are resuming care of their children after a period of incarceration. These are parents who love their children a lot, but who don't necessarily love them very well. Because of their own upbringing and the environment in which they live, these parents face considerable barriers. With proper help, their challenges can become opportunities for favorable change.

Applicant Agency Profile

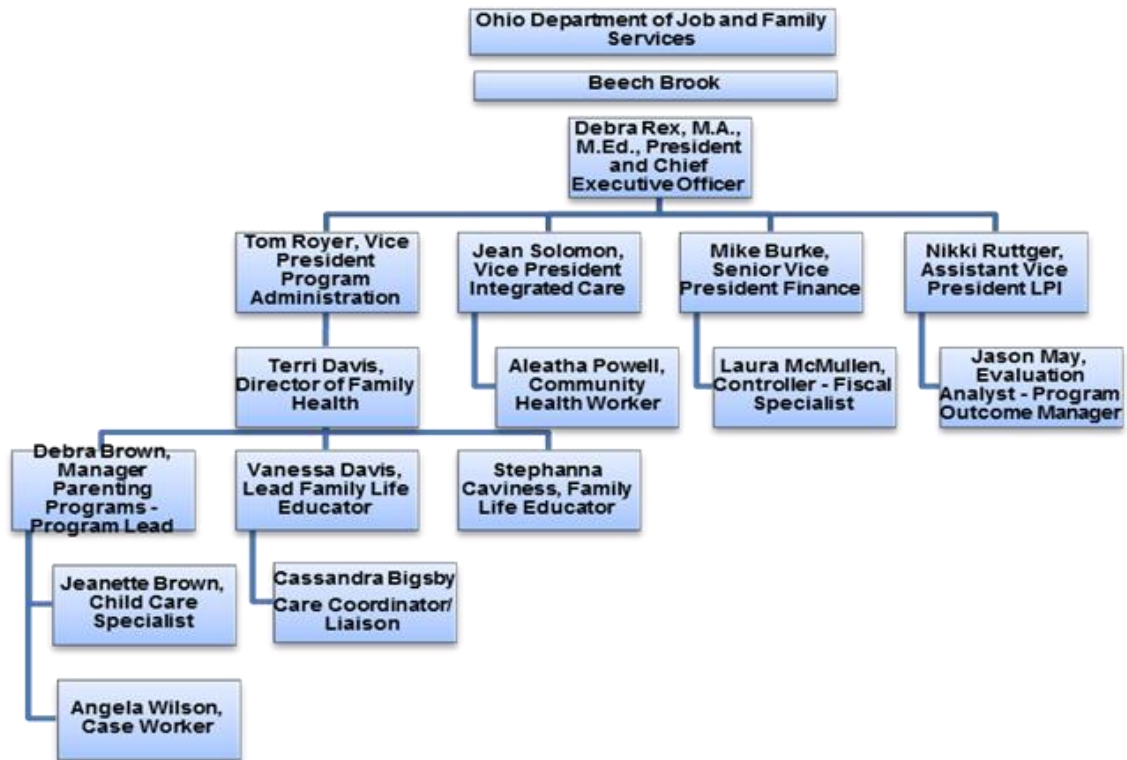
13. Provide a current organizational chart (including any sub-grantees) and specify the key management and administrative personnel who will be assigned to this project.

Key management assigned to oversee the success of the Ohio Parenting and Pregnancy Program is identified in the program organizational chart on the following page:

¹ Social, Economic, Housing and Health Conditions in Cleveland's Ward 5, prepared by the Center for Community Solutions and Cleveland State University, 2007.



Beech Brook Ohio Parenting and Pregnancy Program Organizational Chart





Program Design

(Responses should be no more than 4 pages in total for Items 14-18.)

Program Design

14. Please indicate a minimum of two (2) planned uses of funding for this program: [Applicants who do not indicate at least 2 planned uses of funding in their application shall not be considered for any grant award.]

- a. **Increase numbers served** ☒ Yes ☐ No
Indicate how many additional families you will serve and thoroughly describe your plan for increasing program participation.

Currently, the Beech Brook / Care Alliance Family Health Center is providing parent education, life skills training and mentoring to 40 teens per year; all of whom are pregnant or parenting. The children of the teen moms are mostly 0-12 months in age. Most of the teens we serve are in foster care or have been involved in the foster care system at some point in their lives. Through this funding opportunity, we anticipate enrolling 100 parents in the PIC Program.

Due to the fact that our Family Health Center is located in the Carl B. Stokes Social Services Mall, we will work more closely with those parents and other community partners such as Friendly Inn to assist Beech Brook with the recruitment of pregnant and parenting teens, both male and female. The program would also work more closely with the neighborhood high schools and middle schools to identify pregnant and parenting teens. Additionally, teen moms would be encouraged to bring the fathers of their child(ren) to group sessions and activities.

- b. **Provide expanded or new services** ☒ Yes ☐ No
Thoroughly describe the expanded or new services and the method in which you will implement these services.

Expanded Services

All parents that come to the Beech Brook/Care Alliance Family Health Center that are pregnant or parenting a child 0-12 months in age would be asked to enroll in the Prenatal and Infant Care (PIC) Program. 100 unduplicated parents, including the 50 teen parents, would be enrolled in the PIC Program. The expanded services are as follows:

Expanded Teen Parenting Curriculum – Currently the curriculum used for the Basic Teen Parent Population and Teen Foster Mom Population (M&M program) is broken down into 4 modules (Self-Care, Basic Parenting, Wellness, and Moving Upwards/Career Preparation). The curriculum will continue to include these topics as well as Healthy Relationships, Goal Setting, and Special Events and would be revamped to include an entire module on prenatal and infant care. The model would include the following topics:

- Feeling About Pregnancy and Being a Parent
- Human Sexuality-Reproduction
- Physical, Social and Emotional Aspects of Pregnancy
- Labor and Delivery
- Emotional Needs and Human Behavior: Ours and Our Children's
- Family Relationships – Their Influence of Young Mothers and Fathers
- Getting to Know Your Newborn
- Understand Child Development and Safety Precautions for the First Year of Life
- Can an Infant be spoiled? - Understanding and Coping with Curiosity
- What is Discipline? And Parents Action Plan
- Prevention: Family Planning and Birth Control

STEPS Curriculum Expansion – STEPS is an Early Brain Development curriculum for parents with children ages 0-5. Currently this curriculum is woven into both the teen and adult parent program curriculums. We would expand this curriculum to a stand-alone series. Four (4) series of six (6) sessions per year would be offered. The curriculum information presented would be the module for 0-12 month age children. This service would be offered to parents enrolled in the PIC Program, any parents that attend the Beech Brook/Care Alliance Family Health Center, and/or



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any parent in the community interested in attending. 40 parents will receive the STEPS curriculum. Dinner will be served to participants each session.

Supportive Parenting Workshops Expansion – Currently two (2) monthly 2-hour workshops are held for any interested parent, family member, parent figure, and individual that offers support to children and families. We will expand our topics to include information that is useful to pregnant and parents with children ages 0-12 months. Workshops will continue to include information on topics such as budgeting, banking, healthy relationships, job training, career planning, nutrition, and wellness.

Father's Group Expansion – Currently the Beech Brook/Care Alliance Family Health Center has a weekly ongoing Father's Group. The curriculum information will be expanded to provide prenatal and additional infant development information to the fathers. The fathers will also be encouraged to participate in the PIC Program activities. 90 unduplicated fathers will be served in the Father's Group.

Comprehensive Sex Education Expansion – Currently Beech Brook provides Comprehensive Sex Education in 8 school districts to over 10,000 students each year. This is an Early Pregnancy and Sexually Transmitted Disease Prevention Program. Through the Ohio Parenting and Pregnancy Program, Beech Brook would like to expand this program to the Beech Brook/Care Alliance Family Health Center. Sessions will be held at the Family Health Center or neighborhood K-8 schools on a quarterly basis. The target population to attend these sessions will be for pre-teen and teens that are at early risk of becoming pregnant. Parents will also be invited to attend these sessions to ensure that communication in this topic continues at home.

New Services

Home Visitation – All parents enrolled in the PIC Program are eligible to receive home visitation services. It is anticipated that 70% of the PIC Participants will engage in this component of the program. This will allow the case manager to work with the parents and identified family members one-on-one to ensure that the appropriate skills are being developed for parents to successfully parent their infants. All parents enrolled in the PIC Program will be provided the following home visitation services:

- During pregnancy, parents will receive a minimum of one (1) home visit per trimester. During the last month of pregnancy, the parent(s) will receive two (2) home visits.
- After birth of the baby, home visits will continue as follows: 0-3 months (weekly); 3-6 months (bi-weekly); 6-9 months (bi-weekly); 9-12 months (monthly).

Home visits will be facilitated by the Beech Brook Case Manager, Community Health Worker, Family Life Educator, Child Care Specialist and/or Nurse Intern when available. Information on pregnancy, infant care, basic parenting, health and wellness would be presented during the home visit, along with information resources and referrals for basic needs for both the parent and child. Brain Boxes would be brought at each visit. The Brain Box is a tool that is used to promote healthy brain development.

Healthy Relationship Saturday Morning Breakfast Groups – Beech Brook will host Saturday Morning Breakfast Groups quarterly on Saturday mornings. Each series is four (4) sessions. Five (5) couples would participate in each series.

- c. **Expand geographical area served** ☐ Yes ☒ No
Thoroughly describe your current service coverage area and indicate the additional geographical area to be served and your method to expand to those areas.

Not applicable – Beech Brook's current service coverage area for our parenting programs includes the Central neighborhood and surrounding areas, which already covers a densely populated area with high prevalence of teen pregnancy, single female family households, high rates of STD's and infant mortality.

- d. **Other proposed use(s) of funding** ☐ Yes ☒ No
Please thoroughly describe any other proposed use(s) of funding including description of services and other pertinent information.

Not applicable.

Program Design

15. Services and numbers of new individuals served



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In the chart below, indicate a minimum of three (3) program activities your agency will provide. Include the anticipated number of new individuals that your agency will serve (for the duration of the grant period) in each new activity and the total numbers you plan to serve. Please feel free to add rows to include services not listed.

Program Service	New Number Served		Program Service	New Number Served
Clothing			Parenting Classes	100
Counseling			Postpartum Recovery	
Diapers	100		Transportation	100
Food			Other (Healthy Relationships Classes)	20
Furniture			Other (STEPS Early Brain Development)	40
Health Care			Other (CSE - Prevention)	40
			Total	400

Program Design

16. Describe your agency's relationship with partner community organizations or agencies that will be used to carry out the program activities, including: 1) the name of each partnering organization (whether contractual or non-contractual relationship); 2) the roles and functions for the applicant and each individual partner organization; 3) services each partner will provide; 4) whether or not the partner organization(s) have collaborated with the applicant on similar projects in the past; 5) the number of years of collaboration with each partner; and, 6) the location of partner offices.

Beech Brook's Family Health Center has always been highly collaborative in nature, with the Stokes Social Services Mall serving as an easily accessible hub for all types of family support. We have an especially close working relationship with the Marion Sterling School, CMHA, Care Alliance and the Cleveland Treatment Center. The Family Health Center staff members attend monthly provider meetings, and are very collaborative with every partner in the Mall. We also are active members of the local collaborative group of Central and partner regularly with Friendly Inn and other Central Area providers.

Beech Brook is equally committed to linking area residents to community-based health, welfare, and social supports located outside of the Mall, such as substance abuse treatment programs, day cares and neighborhood centers. Since so much of the work of the Center involves helping clients connect with needed services, we have strong relationships with homeless shelters, food pantries, child care providers, schools, libraries and recreation centers. We receive referrals from juvenile justice court and adult probation and parole departments. We regularly distribute flyers and meet with local churches, hospitals, clinics and businesses as well as other community agencies such as the Salvation Army and FAMICOS for homeless prevention and rapid rehousing services.

Program Design

17. Define the eligibility requirements for the services provided. Additional eligibility standards may be added but requirements of §5101.804 of the Revised Code must be included.

Beech Brook meets all of the eligibility requirements under Ohio Revised Code §5101.804 and the purposes for the temporary assistance for needy family's block grant as specified in 42 U.S.C. 601 in the following ways:

- We promote childbirth, parenting and alternatives to abortion through our parenting classes, parent support and education, resources and referrals.
- We provide assistance to needy families through resources and referrals for basic needs, gift cards for emergencies and bus tickets to help families get to necessary services and appointments.
- We help to end the dependence of needy parents on government benefits by promoting job preparation, work, and marriage by providing resources for job training, listings of open jobs, allowing families use of the computer in our office to write resumes and apply for jobs. We also assist with resume writing. We promote healthy relationships between caregivers and discuss the importance of children being raised by both parents.
- We help prevent and reduce the incidence of out-of-wedlock pregnancies and establish annual numerical goals for preventing and reducing the incidence of these pregnancies through our Comprehensive Sex Ed program.
- Encourage the formation and maintenance of two-parent families through our healthy relationships and fatherhood group – we discuss the importance of being a viable parent – the role of the father, and in curriculum we talk about the role of the parents.



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- We are a 501(c)(3) not-for-profit entity.
- We promote healthy families and childbirth, rather than abortion, through counseling and other services, including parenting and adoption support.
- We provide services and referrals to pregnant women and parents or other relatives caring for children 0-12 months, including clothing, counseling, diapers, food, furniture, health care, parenting classes, postpartum recovery, shelter, and any other supportive services, programs, or related outreach and in-home visitations.
- We do not charge pregnant women and parents or other relatives caring for children twelve months of age or younger a fee for any services received. All of our services are provided to our clients free of charge through the generosity of grant funders and programs such as the Ohio Parenting and Pregnancy Program Grant.
- We are not involved or associated with any abortion activities.
- We do not discriminate in the provision of our services on the basis of race, religion, color, age, marital status, national origin, disability, or gender. Our agency focuses on cultural competency in all that we do.

Program Design

18. Include a description of the target audience that will be services by the provider.

The priority population Beech Brook intends to serve the Ohio Parenting and Pregnancy Program is pregnant teens and expectant women and men, as well as parents or caregivers providing care to infants aged 0-12 months living in the Central and surrounding areas of Cleveland. No matter what is measured in the Central Neighborhood – teen pregnancy, high school drop outs, delinquency, drug use, chronic disease, access to primary care, unemployment, lead poisoning – Central have perennially high rates, with disastrous outcomes for children and families.

Key health indicators for the Central community noted in the 2010 census data include:

- 92% African American female headed households
- 41% under the age of 18
- 73.2% poverty rate with average household income of \$15,000
- 59% of households with no car
- 38.5% high school drop-out rate

The Central population has been identified as suffering from the following risk factors in order of frequency or intensity: an increase in food insecurity as a result of high rates of unemployment and underemployment; reduced funding for social services; exposure to violence/high rates of abuse and neglect as a major public health issue; difficulty in finding a medical home because of provider shortage; teenage pregnancy, substance use; an increase in suicides; little integration and coordination between medical/mental health services.

In addition to those data cited in above, other key Central health indicators include:

- Largely single African American female led households; most overcrowded
- Above national average total crime risk
- Below national average total consumer spending including food and household operations
- High rates of obesity, diabetes and asthma; low rates of well child care

The environmental indicators listed above really solidify the need for greater outreach and expanded services to the youth and families in the Central community in order to promote and increase the likelihood of healthy children and families. The Beech Brook/Care Alliance Family Health Center programming is designed to serve the needs of this struggling population and could be expanded as described in this proposal to increase the focus on pregnancy prevention and responsible parenting to ensure positive outcomes for the infants of the Central community.



Program Outcome Management

(Responses should be no more than 2 pages in total for Items 19-20.)

Program Outcome Management

19. Clearly describe the intended outcomes for this program and the indicators your agency will use to measure effectiveness.

Comprehensive Sex Ed (CSE) – Each curriculum that is taught has its own specific set of goals and indicators that measure effectiveness as described below:

- Family Life and Sexual Health (F.L.A.S.H.) goals are to develop knowledge about human development and reproduction; teach students to respect and appreciate themselves, their families, and all persons; and teach students to neither exploit others nor allow them to be exploited.
- Draw the Line/Respect the Line goals are to help youth know their personal sexual limit, identify motivation for that limit, identify threats to their limit, use interpersonal skills to maintain their sexual limit, and to respect the limits of others.
- Safer Choices goals are to promote self-efficacy and confidence in using refusal skills; examine peer norms and personalize the risk of HIV, other STDs, and pregnancy; enhance communication with family and peers; help students clarify SAFEST, SAFER and UNSAFE choices in regard to sexual behavior and empower them to avoid HIV, other STDs and unplanned pregnancy.

Each program is evaluated with pre- and post-tests to measure students' comprehension of core curriculum components. The instruments are administered before instruction begins and after each course is completed to measure how much students learned. All pre- and post-test evaluations are tracked in Beech Brook's database and analyzed by our Learning and Performance Improvement department. The questionnaire is designed with a True/False response format. Students also have the option to indicate Not Sure/Don't Know. A Student Evaluation is administered to all students at the end of the curriculum that uses a 5-point Likert-scale response format and two open-ended questions that allow students to comment on the program in their own words. A Teacher Evaluation is also administered at the end of the program that is similar to the students' evaluation. Finally, Beech Brook tracks the number of individuals engaging in the multi-session curriculum with a sign in sheet for each session.

Home Visits – The Home Visitation program goals are to focus on prenatal health, to improve parenting behaviors; to improve positive interactions with children; to increase appropriate development in children; and to encourage family involvement in child development. The home visits are provided to ensure the well-being of the mother and development of the child, but they will also serve as a tool to support the parents in relation to their own emotional needs and life goals. STEPS pre- and post-test surveys will be used to measure the outcomes of the home visits, and case notes will reflect that referrals have been made to assist parents with obtaining and maintaining self-sufficiency. The Ages and Stages Questionnaire (ASQ) will be used as a tool (when appropriate) during home visits to discuss child development with the parents.

Parenting Programs – (Includes Father's Group, Drop-In Time, and Healthy Relationship Saturday Morning Breakfast Groups). The long-term goal of the parenting programs at the Family Health Center is to keep families healthy and intact by giving parents the support and education they need to nurture and protect their children. Ongoing evaluation activities measure intermediary goals including parenting attitudes which correlate with child abuse, attitudes related to anger and aggression, and clients' perceptions regarding their own parenting and stress management skills. Evaluations also track program activities and measure client satisfaction. Family Health Center evaluations demonstrate remarkable success at client engagement and consistent improvement of risk factors for child abuse/system involvement. This includes improvements in parenting attitudes that predict child abuse and aggressive behavior, and parenting self-efficacy.

For its parenting classes, Beech Brook utilizes pre-tests and post-tests of the Adult-Adolescent Parenting Inventory-2 (Bavolek & Keene, 1999). For its anger management/conflict resolution groups, pre- and post-tests of the Aggression Questionnaire are utilized (Buss and Perry, 1992). The Parenting Skills Survey and client satisfaction questionnaire are also used for Father's Group. Workshop and family outing attendees and drop-in clients receive the Drop-in client satisfaction survey.



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STEPS – The STEPS curriculum provides a simple, scientifically-based way to nurture children’s development from birth through age five. Using the latest findings of neuroscience, STEPS offers clear explanations and practical suggestions so that parents and caregivers can learn the importance of how they interact with their children every day. Concepts and methods are demonstrated in ways that are easy to understand. The co-facilitators help families learn the best ways to interact with their children when their brains are most malleable, from birth to five years old.

Facilitators use “STEP Brain Boxes” containing simple toys and other items that parents learn to use to help their infants and toddlers develop healthy brains and enter school ready to learn. Each session includes a presentation for the parents while the children are in childcare, a meal shared by the whole family and a craft activity for the parents and children together.

Pre- and post-test surveys are given to parents who completed classes to measure the parents’ level of understanding of core curriculum components. Question response options are “Strongly Agree” to “Strongly Disagree”. Surveys are also used to measure parent satisfaction with course objectives and outcomes.

Program Outcome Management

20. Describe how program data will be collected and confidentiality maintained.

At Beech Brook, the clients and customers we serve are protected by local, state, and federal laws. We have stringent HIPAA Privacy and Corporate Compliance policies and trainings in place to ensure our client information remains protected and confidential. Our privacy policies include security measures for protecting client health information, such as visitor check in and badge requirements, employee badge requirements, secured/locked records storage locations, and information systems policies on how to protect client information and maintain confidentiality. We also work with Iron Mountain to ensure secure shredding of documents.



Sub-Grantees and Vendors

(1 page maximum in total for Items 21-22)

Sub-Grantees and Vendors

21. Applicants are to disclose whether or not any sub-grantees be used for this project. (If no, please include a statement that no sub-grantees will be involved. If yes, please describe the procurement process and the timeline to accomplish procurement as well as provide all required information as specified in Section 4.6 of the RFGA.

Not applicable – Beech Brook intends to perform all services with Beech Brook staff; therefore, we will not be awarding any portion of the Ohio Parenting and Pregnancy program grant to any sub-grantees.

Sub-Grantees and Vendors

22. Describe the monitoring process for the sub-grantee (if applicable). Include the documentation that will be reviewed, who will perform the monitoring, the frequency that the sub-grantee shall provide performance reports and the plan for addressing areas for improvement or poor performance. [If no sub-grantee is involved, the applicant shall disregard this requirement.]

Not applicable.



Proposal To:
Ohio Department of Job and Family Services
Ohio Parenting and Pregnancy Program Grant

Program Budget

Program Budget (Page 1 of 2)	
Program Budget Items	Totals
Personnel	\$65,280
Fringe Benefits	\$14,133
Staff Mileage/Other Travel	\$4,680
Supplies	\$550
Health Care Services	\$0
Contracted Services	\$500
Participant Transportation	\$1,500
Participant Support	\$1,000
Equipment (shall not exceed 5% of the budget)	\$0
Other: (Food for clients)	\$2,000
Other: (Incentives)	\$3,500
Other: (Telephone)	\$240
Total Program Costs:	\$93,383
Indirect Costs (shall not exceed 15% of the budget):	\$0
TOTAL:	\$93,383



Budget Narrative

Budget Narrative (Page 2 of 2)

Budget Narrative

Please describe the costs and provide any necessary calculations for each budget line item. If indirect costs are included, the agency must provide a copy of their current approved indirect cost plan. Indirect costs will not be allowable without an appropriately approved indirect cost plan.

Personnel Detail:

Director – Family Health –Provides overall program supervision and interaction with involved organizations

Supervisor - Parenting –Responsible for scheduling programs and services as well as daily supervision

Case Management– Direct service provision and home visits

Care Coordinator /Liaison– Direct service provision

Family Life Educators – Fathers groups and STEPS sessions

Program Operations - Administrative support for the program

Fiscal Specialist– Fiscal support for program including reporting and invoicing

Marketing Support Development of promotional and educational materials

Program Outcome Manager- Evaluation and analysis

Fringe Benefits – these include FICA, Health, Dental, and Life Insurance, 401K employer contribution, 401k admin fees, and payroll processing fees. These expenses are budgeted at 22% of total base salaries.

Non - Personnel Detail:

Travel: Mileage reimbursement is for staff traveling from various service sites and home visits at a rate of \$.45 per mile.

Office supplies/Materials: General office supplies and materials for groups and any printing needs.

Contract Services: Costs associated with background check for new employees

Participant Transportation: Bus tickets for participants to attend classes and sessions

Participant Support: Diapers for parents

Other – Food for clients: Meals during group sessions

Other – Incentives: Gift cards and baby supplies for participants

Other - Telephone: Case manager cell phone reimbursement at \$20/month



Proposal To:
Ohio Department of Job and Family Services
Ohio Parenting and Pregnancy Program Grant

Program Assurances

Program Assurances

Program Assurances

Please affirm that the following statements are true and accurate. Affix the appropriate signature where indicated. <u>The application will not be considered complete without the required signature and shall be disqualified from consideration.</u>
--

We have provided the signed Program Assurances document on the following page:

Ohio Parenting and Pregnancy Program Grant
APPENDIX A
TECHNICAL APPLICATION

Program Assurances

Please affirm that the following statements are true and accurate. Affix the appropriate signature where indicated. **The application will not be considered complete without the required signature and shall be disqualified from consideration.**

We the undersigned assure that our Agency:

1. Will not charge pregnant women and parents or other relatives caring for children twelve months of age or younger a fee for any services received;
2. Is not involved in or associated with any abortion activities, including providing abortion counseling or referrals to abortion clinics, performing abortion-related medical procedures, or engaging in pro-abortion advertising;
3. Is physically and financially separate from any entity, or component of an entity, that engages in abortion activities;
4. Will only subcontract with entities that are physically and financially separate from any entity, or component of an entity, that engages in abortion activities;
5. Will not discriminate in its provision of services on the basis of race, religion, color, age, marital status, national origin, disability, or gender; and,
6. Will comply with the requirement of 5101.804 of the Ohio Revised Code.

Agency Name: Beech Brook

Printed Name of Director/CEO: Debra Rex, M.A., M.Ed.



Signature

7/24/2014

Date



Application Checklist

APPENDIX B
RFGA: JFSR1415178081
Application Checklist

Applicants are advised to complete this form to ensure that all required information has been submitted in their application packets. Applicants are to be aware that if there is a discrepancy between this checklist and the RFGA and/or the Application, the RFGA proper/Application shall be deemed as the official resource for instructions on required items (e.g., documents, forms, information, and content) in the applicants' proposals.

APPLICANT HAS:		RFGA Section & Application Item # Reference	Y E S	N O
1	Provided six (6) copies of their completed Technical Application (which includes the applicant's Program Budget in each).	5.1	X	
2	Included a fully signed and completed Attachment A.	Attachment A	X	
3	Included a copy of the applicant's current and valid not-for-profit 501(c)(3) tax status determination letter from the Internal Revenue Service (IRS).	3.1, A. / Application Item #1	X	
4	Established that they have a physical location or office in the state of Ohio?	3.1, B. / Application Item #2	X	
5	Indicated a minimum of two (2) planned uses of funding for this program. Applicants are to refer to Application Item# 14 for planned use options.	3.1, I. / Application Item #14	X	
6	Included a signed Program Assurances affirmation page in their application submission.	3.1, J.	X	
7	Identified and assigned one key staff person [to serve as Program Lead] who can demonstrate a minimum of two (2) years of experience operating in areas of family planning or other services such as abortion prevention services, childbirth promotion, parenting development and/or adoption assistance and also resides in the state of Ohio. Applicant must provide an affirmation that the Program Lead resides in Ohio [Do Not provide Program Lead's home address]. Profile and resume have been included for the Program Lead.	3.3, A. / Application Item #4	X	
8	Included a fully completed Program Budget and Budget Narrative.	Application	X	
9	Included all required key staff profiles and resumes as well as any required brochures or other printed informational material.	Application Item #s 7-11	X	
10	Ensured that their application is free of trade secret/proprietary information as specified/restricted in the RFGA and Application.	4.4	X	
11	Removed all personal confidential information (such as home addresses and social security numbers) of applicant staff and/or of any subcontractor and subcontractor staff from resumes or any other part of the application package.	3	X	
12	Complied with the page limit restrictions as specified for each section in the Application.	Application	X	
13	Self-evaluated their application by use of the provided document Attachment C, Application Score Sheet. Applicants ARE NOT to include this document in their application submission—for self-evaluation purposes only.	Attachment C	X	



Proposal To:
Ohio Department of Job and Family Services
Ohio Parenting and Pregnancy Program Grant

Appendix A - 501(c)(3) Tax Determination Letter

Department of the Treasury

District Director

Internal Revenue Service

Date:

OCT 29 1971

In reply refer to:

442:EO:1112:IFB

CLE-EO-71-658



Beech Brook
Attn: Mr. Edwin D. Williams
3737 Lander Road
Cleveland, Ohio 44124

EIN 34-0714597

DO 34

Gentlemen:

This is in response to your letter dated October 19, 1971 advising us of your organization's name change, change in purpose clause, and the adoption of a new Code of Regulations. You requested these changes be considered and that a determination be made affirming the organization's status as one described in section 501(c)(3) of the Code.

According to the Amended Articles of Incorporation filed with the Secretary of the State of Ohio on June 4, 1971, the organization's name was changed from The Cleveland Protestant Children's Home to Beech Brook. The purpose clause provided that the corporation was formed to engage exclusively in charitable, scientific, and educational activities through the operation of an institution; to provide a psychiatric hospital; specialized education for children; and assist and train others in providing the hospital and educational services.

The Code of Regulations has been repealed in its entirety and a new Code of Regulations has been approved and adopted as of May 20, 1971.

Our records indicate that on November 5, 1941, a ruling letter was issued to The Cleveland Protestant Orphan Asylum holding it to be exempt from Federal income tax under the provisions of section 101(6) of the Internal Revenue Code. (Section 101(6) was changed to 501(c)(3) under the 1954 Code.)

In response to the Notification Form 4653, The Cleveland Protestant Children's Home claimed to be a hospital described in section 170(b)(1)-(A)(iii) of the Code. On December 24, 1970 a ruling was issued which held that your organization was not a private foundation as defined in section 509(a) of the Internal Revenue Code.

We have carefully reviewed the Amended Articles and the new Code of Regulations and find they do not adversely affect your exempt status. The ruling letter of November 5, 1941 granting exemption as an organization described in section 101(6) (now 501(c)(3) of the Code) continues in effect. In addition, your organization is not a private foundation as defined in section 509(a) of the Internal Revenue Code because your organization is described in section 170(b)(1)(A)(iii) of the Code.

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes under section 2055, 2106 and 2522 of the Code.

If additional changes to your purposes, character, or method of operation are made, please inform us so that we can consider the effect of the changes on your exempt status. Also, you must inform us of all changes in your name and address.

This is a determination letter.

Very truly yours,

F. S. Turbett, Jr.

F. S. Turbett, Jr.
District Director



Appendix B – Program Lead Resume



Debra Brown

216-391-4069

Carl B. Stokes Social Services Mall, 6001 Woodland Ave., Cleveland, OH 44104

dbrown@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>Debra has more than 20 years' experience serving at-risk populations in Cleveland as a trained mediator and parent group facilitator.</p> <table><tr><td><ul style="list-style-type: none">▪ Group Facilitator▪ Mediation Certified▪ Peer Mediator Advisor▪ Broadway Collaborative Member</td><td><ul style="list-style-type: none">▪ First Aid and CPR Trained▪ National Association of Social Workers Member▪ Neighborhood Leadership Cleveland</td></tr></table>	<ul style="list-style-type: none">▪ Group Facilitator▪ Mediation Certified▪ Peer Mediator Advisor▪ Broadway Collaborative Member	<ul style="list-style-type: none">▪ First Aid and CPR Trained▪ National Association of Social Workers Member▪ Neighborhood Leadership Cleveland
<ul style="list-style-type: none">▪ Group Facilitator▪ Mediation Certified▪ Peer Mediator Advisor▪ Broadway Collaborative Member	<ul style="list-style-type: none">▪ First Aid and CPR Trained▪ National Association of Social Workers Member▪ Neighborhood Leadership Cleveland		
Professional Accomplishments	<p>Family Life Educator</p> <ul style="list-style-type: none">▪ Facilitate weekly Referral Parent Education classes to reduce the risk to the child and help clients regain or maintain custody of their children.▪ Conduct in-home observations of parents through contract with Cuyahoga County Department of Children and Family Services.▪ Perform Intake Assessments.▪ Provide community resources on an as needed basis. <p>Family Liaison</p> <ul style="list-style-type: none">▪ Assist schools in planning of parent involvement program.▪ Schedule activities and events that address the needs and interest of parents.▪ Advocate and broker for parents.▪ Recruit eligible children for instructional support programs, regular and extended day.▪ Give parents timely information regarding the school's program which includes a description of the curriculum and the assessments used to measure student progress.		
Work History	<p>1993 - Present Supervisor, Supportive Parent Education, Beech Brook, Cleveland, OH</p> <p>1995 - Present Family Liaison, Cleveland Municipal School District, Cleveland, OH</p> <p>1989 - 1995 Youth Resource Coordinator, Cleveland Municipal School District, Cleveland, OH</p>		
Education	<p>Bachelor of Social Work Capital University Columbus, OH</p>		



Appendix C – Key Staff Resumes



Jason May, M.S.

216-831-2255
3737 Lander Rd., Cleveland, OH 44124

jmay@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>As Evaluation Analyst, Jason uses his analytical skills to measure and report on Beech Brook's program outcomes. Jason helps to ensure intended program outcomes are met or exceeded, data is being tracked and recorded properly, and funders are kept informed of program outcome results.</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> Program Analysis Metric Development and Analysis Program Outcome Evaluation </td><td> <ul style="list-style-type: none"> Strategic Planning Operating Procedure Development Employment and HR Analysis </td></tr> </table>	<ul style="list-style-type: none"> Program Analysis Metric Development and Analysis Program Outcome Evaluation 	<ul style="list-style-type: none"> Strategic Planning Operating Procedure Development Employment and HR Analysis
<ul style="list-style-type: none"> Program Analysis Metric Development and Analysis Program Outcome Evaluation 	<ul style="list-style-type: none"> Strategic Planning Operating Procedure Development Employment and HR Analysis 		
Professional Accomplishments	<p>Evaluation Analyst, Learning Performance and Improvement (LPI)</p> <ul style="list-style-type: none"> Developed reports using data analysis of program outcomes for state, local, and private funders. Analyzed employment turnover rate for Human Resources, identified agency strengths and weaknesses towards retention and made recommendations to leadership to streamline data acquisition process to remove methodological inefficiencies. Coordinated focus groups to address issues with recruitment, internships, hiring, retention, job structure, and rebranding. Participated in reviews of mental health programs' usage of behavioral assessment tools in order to provide better evidence-based best practices to clients. <p>Department Assistant – Department of Environmental Health and Safety</p> <ul style="list-style-type: none"> Maintained training database of 20,000 records and files for laboratory and work related university staff. Collaborated with department data analyst to improve best practices in data management, retention, and reporting. Spearheaded records retention program by transitioning to paperless recording and digital archiving. Authored "EHS, Department Assistant Handbook" which documents step-by-step protocols for each function of the clerical position and is currently used for student clerical training. Supervised student clerical workers. 		
Work History	<p>2013 - Present Evaluation Analyst, Learning Performance and Improvement, Beech Brook, Cleveland, OH</p> <p>2007 - 2013 Department Assistant (I/II), Department of Environmental Health and Safety (EHS), Case Western Reserve University, Cleveland, OH</p>		
Education	<table border="0"> <tr> <td>M.S. Psychology Capella University Minneapolis, MN</td><td>B.A. Psychology Cleveland State University Cleveland, OH</td></tr> </table>	M.S. Psychology Capella University Minneapolis, MN	B.A. Psychology Cleveland State University Cleveland, OH
M.S. Psychology Capella University Minneapolis, MN	B.A. Psychology Cleveland State University Cleveland, OH		



Laura B. McMullen

216-831-2255
3737 Lander Rd., Cleveland, OH 44124

lmcmullen@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>As Controller at Beech Brook, Laura is involved in all functions of financial management, from payroll to financial reporting. She works closely with program personnel to ensure proper tracking and allocation of restricted funds.</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> ▪ Financial Systems ▪ Compliance ▪ Budget Development ▪ Budget Analysis </td><td> <ul style="list-style-type: none"> ▪ Expense Tracking ▪ Billing and Collections ▪ Financial Operations Management ▪ Financial Audits </td></tr> </table>	<ul style="list-style-type: none"> ▪ Financial Systems ▪ Compliance ▪ Budget Development ▪ Budget Analysis 	<ul style="list-style-type: none"> ▪ Expense Tracking ▪ Billing and Collections ▪ Financial Operations Management ▪ Financial Audits
<ul style="list-style-type: none"> ▪ Financial Systems ▪ Compliance ▪ Budget Development ▪ Budget Analysis 	<ul style="list-style-type: none"> ▪ Expense Tracking ▪ Billing and Collections ▪ Financial Operations Management ▪ Financial Audits 		
Professional Accomplishments	<p>Controller</p> <ul style="list-style-type: none"> ▪ Prepares for annual financial audit and prepares financial statements and foot notes. ▪ Produces annual JFS02911 Single Cost Report. ▪ Prepares annual agency operating budget in conjunction with senior management. ▪ Manages monthly close process and financial statements. ▪ Oversees payroll and accounts payable staff and functions. ▪ Ensures compliance through financial review and monthly operations meetings with program management. ▪ Prepares budgets for foundation grants, government contracts and various other projects. <p>Financial Manager</p> <ul style="list-style-type: none"> ▪ Led acquisition process from private to public accounting regulations and reports. ▪ Coordinated reduction of month end close process from ten days to five to meet new corporate deadlines. ▪ Managed support staff and departmental workflow. 		
Work History	<p>2009 - Present Controller, Beech Brook, Cleveland, OH</p> <p>2006 - 2009 Finance Manager, Affiliated Computer Services, Inc., Cleveland, OH</p> <p>2004 - 2006 Controller, LogicBay Corporation, Chagrin Falls, OH</p> <p>2003 - 2006 Financial Analyst, Intellinex LLC (an e-learning venture and subsidiary of Ernst & Young, Cleveland, OH)</p>		
Education	<table border="0"> <tr> <td>MBA – Finance & Management Technology Case Western Reserve University Cleveland, OH</td><td>BS in Management Science/Finance Case Western Reserve University Cleveland, OH</td></tr> </table>	MBA – Finance & Management Technology Case Western Reserve University Cleveland, OH	BS in Management Science/Finance Case Western Reserve University Cleveland, OH
MBA – Finance & Management Technology Case Western Reserve University Cleveland, OH	BS in Management Science/Finance Case Western Reserve University Cleveland, OH		



Angela Wilson

216-831-2255
3737 Lander Rd., Cleveland, OH 44124

awilson@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>As a Family Life Educator, Angela is experienced in facilitating parenting groups, providing referrals to parents to help meet their needs, and collaborating with community partners to ensure parents are connected with needed services. Angela is also experienced in providing home visits and child development education.</p> <table border="1"> <tr> <td> <ul style="list-style-type: none"> Program Development Mentoring and Training </td><td> <ul style="list-style-type: none"> Excellent Communication Skills Group Facilitator </td></tr> </table>	<ul style="list-style-type: none"> Program Development Mentoring and Training 	<ul style="list-style-type: none"> Excellent Communication Skills Group Facilitator
<ul style="list-style-type: none"> Program Development Mentoring and Training 	<ul style="list-style-type: none"> Excellent Communication Skills Group Facilitator 		
Professional Accomplishments	<p>Family Life Educator / Home Visitor</p> <ul style="list-style-type: none"> Provide child development education, parenting information and community resource assistance to caseload of up to 55 families Assisted families with special needs in getting services and equipment Facilitated monthly parent groups focused on encouraging parents in their parenting journey and to become more self-sufficient and regularly facilitated classes on parenting, preventing domestic violence, juvenile court diversion, anger management and other topics Performed in-home social service assessments <p>Group Facilitator / Activities Director</p> <ul style="list-style-type: none"> Developed groups and programs to meet the therapeutic needs of clients Document files and resident care plan according to Ohio Department of Health guidelines Managed staff of 5-7 people and volunteers Served on admissions team arranging new admits and working with families 		
Work History	<p>2007 - Present Family Life Educator/Group Facilitator, Beech Brook, Cleveland, OH</p> <p>2011 - Present Home Visitor/Service Coordinator, Berea Children's Home/Guidestone, Cleveland, OH</p> <p>2004 - 2010 Social Service Coordinator II/Program Manager, PK Management, Cleveland, OH</p> <p>2002 - 2004 Alzheimer's Coordinator/Activity Director, HCR Manorcare Lakeshore, Cleveland, OH</p> <p>2000 - 2002 Assistant Director of Activities, Cleveland Rehabilitation Center, Cleveland, OH</p> <p>1998 - 1999 Corps Member – Health & Human Service Team, City Year, Columbia, SC</p>		
Education	<p>Bachelor of Arts in Individual / Family Studies and Gerontology Kent State University Kent, OH</p>		



Terri Davis

216-831-2255
3737 Lander Rd., Cleveland, OH 44124

tdavis@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>Terri has been involved in parent education for 18 years. As Supervisor of Parent Education programs at Beech Brook, she and her staff of Family Life Educators, Home Visitors, and Case Managers provide parenting education and support, anger management training, and service coordination to over 1600 parents each year.</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> ▪ Supervising ▪ Volunteer Coordination ▪ Certified Mediator ▪ Group Facilitating </td><td> <ul style="list-style-type: none"> ▪ Client Mediation ▪ Certified Anger Management Facilitator ▪ Home Visitation ▪ Certified Parent Educator </td></tr> </table>	<ul style="list-style-type: none"> ▪ Supervising ▪ Volunteer Coordination ▪ Certified Mediator ▪ Group Facilitating 	<ul style="list-style-type: none"> ▪ Client Mediation ▪ Certified Anger Management Facilitator ▪ Home Visitation ▪ Certified Parent Educator
<ul style="list-style-type: none"> ▪ Supervising ▪ Volunteer Coordination ▪ Certified Mediator ▪ Group Facilitating 	<ul style="list-style-type: none"> ▪ Client Mediation ▪ Certified Anger Management Facilitator ▪ Home Visitation ▪ Certified Parent Educator 		
Professional Accomplishments	<p>Supervisor of Parent Education</p> <ul style="list-style-type: none"> ▪ Develops and updates curriculum and trains staff. ▪ Markets parenting programs. ▪ Serves as liaison/mediator in custody hearings for Department of Children and Family Services. ▪ Manages annual programmatic budget of \$400,000 <p>Coordinator of Home Visits/Parent Educator</p> <ul style="list-style-type: none"> ▪ Coordinates activities for programs. ▪ Receives and processes referrals for programs. ▪ Assigns volunteers to referral families and assists in scheduling and planning visits. ▪ Monitor family functioning and make referrals as necessary. ▪ Recruit and train qualified home visitors. ▪ Facilitate parenting groups. ▪ Make home visits; observe visits with children, and counsel families. ▪ Attend client reviews and custody hearings. 		
Work History	<p>1987 - Present Director of Family Health, Beech Brook, Cleveland, OH</p> <p>1984 - 1985 Recruiting Specialist, Norrell Temporary Services, Euclid, OH</p> <p>1982 - 1983 Personnel Interviewer, Case Western Reserve University, Cleveland, OH</p>		
Education	<p>Bachelor of Arts in Urban Studies Garfield College Painesville, OH</p>		



Stephana C. Caviness

216-831-2255
3737 Lander Rd., Cleveland, OH 44124

scaviness@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>Stephana is a passionate educator providing an atmosphere of empowerment to inspire students (young and old) to make wiser choices in the areas of Anger Management (juvenile court, adult probation, and parole), Parenting (DCFS and court systems), Pregnancy and STD (HIV) Prevention, and Anti-Bullying.</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> Program Development Program Evaluation Needs Assessments Curriculum Development </td><td> <ul style="list-style-type: none"> Group Facilitation Community Collaboration Marketing of Parenting Programs Teaching Reproductive Health Education </td></tr> </table>	<ul style="list-style-type: none"> Program Development Program Evaluation Needs Assessments Curriculum Development 	<ul style="list-style-type: none"> Group Facilitation Community Collaboration Marketing of Parenting Programs Teaching Reproductive Health Education
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Professional Accomplishments	<p>Family Life Educator</p> <ul style="list-style-type: none"> Certified in Anger Management. Certified in Effective Parenting and the Drug Free Years. Certified in Parenting under the Ohio State Extension Program Family Nurturing. Certified in Health Issues Taskforce Safer Sex program. Provides atmosphere of empowerment to inspire students in making wise decisions in the areas of Anger Management, Parenting, Pregnancy and STD Prevention, and Anti-Bullying. <p>City of Euclid City Councilwoman – Ward 1</p> <ul style="list-style-type: none"> Chair the Human Relations Ad Hoc Committee. Member of the Executive and Finance, Public Safety, Public Service, and Parks and Recreation Committees. 		
Work History	<p>1992 - Present Family Life Educator, Beech Brook, Cleveland, OH</p> <p>2012 - Present City Councilwoman – Ward 1, City of Euclid, Euclid, OH</p> <p>1990 - 1992 Certified Family Life Educator I, Family Health (prior to merging with Beech Brook), Cleveland, OH</p>		
Education	<table border="0"> <tr> <td> <p>Majored in Speech Communication Case Western Reserve University Cleveland, OH</p> </td><td> <p>Majoring in Communications The University of Phoenix Cleveland, OH</p> </td></tr> </table>	<p>Majored in Speech Communication Case Western Reserve University Cleveland, OH</p>	<p>Majoring in Communications The University of Phoenix Cleveland, OH</p>
<p>Majored in Speech Communication Case Western Reserve University Cleveland, OH</p>	<p>Majoring in Communications The University of Phoenix Cleveland, OH</p>		



Cassandra Bigsby

216-391-4069

Carl B. Stokes Social Services Mall, 6001 Woodland Ave., Cleveland, OH 44104

cbigsby@beechbrook.org
http://www.beechbrook.org

Professional Profile	As a Family Life Educator at Beech Brook, Cassandra is trained and experienced in facilitating parenting sessions and providing mediation. She is also trained in child development and infant brain development, and is experienced in facilitating Beech Brook's STEPS program.		
	<ul style="list-style-type: none"> ▪ Group Facilitator ▪ Community Relations ▪ Curriculum Development ▪ Health and Wellness 	<ul style="list-style-type: none"> ▪ STEPS Instructor ▪ Program Development ▪ Staff Training and Development ▪ Policy and Procedure Development 	
Professional Accomplishments	<p>Lead Family Life Educator/Moms and Mentors Program</p> <ul style="list-style-type: none"> ▪ Complete intakes and exits interviews for basic adult parenting and anger management classes ▪ Facilitate teen parenting groups for 15-21 year old teen parents using STEPS program ▪ Recruit mentors for the Moms and Mentors program ▪ Teen parent recruitment ▪ Coordinate and facilitate education groups ▪ Planned and implemented monthly activities and other social events for women and children <p>Rapid Rehousing Coordinator</p> <ul style="list-style-type: none"> ▪ Designed The Safe Harbor program for homeless women who were experiencing substance abuse and/or mental health issues ▪ Completed housing assessments and intakes ▪ Facilitated educational groups for 10-15 homeless women 		
Work History	<p>2011 - Present Lead Family Life Educator, Beech Brook, Cleveland, OH</p> <p>2009 - 2010 Rapid Rehousing Coordinator, Transitional Housing, Inc., Cleveland, OH</p> <p>2005 - 2009 Help Me Grow Supervisor, Friendly Inn Settlement, Inc., Cleveland, OH</p> <p>2002 - 2005 Family Development Coordinator, Transitional Housing, Inc., Cleveland, OH</p>		
Education	Non-Profit Mgmt. Certificate Cleveland State University Cleveland, OH	Masters of Social Work Cleveland State University Cleveland, OH	B.A. in Social Work Cleveland State University Cleveland, OH



Aleatha Powell

216-391-4069

Carl B. Stokes Social Services Mall, 6001 Woodland Ave., Cleveland, OH 44104

apowell@beechbrook.org
http://www.beechbrook.org

Professional Profile	Aleatha has served the health and wellness needs of clients in the Cleveland area for more than 10 years. In her role as Community Health Worker at Beech Brook, Aleatha conducts wellness sessions for both groups and individuals. She builds community capacity by increasing health knowledge and self-sufficiency through outreach, community education, linkages, informal counseling, social support and advocacy.	
	<ul style="list-style-type: none">▪ Health Coaching▪ Community Health▪ Project Management▪ Health and Wellness	<ul style="list-style-type: none">▪ Prevention▪ Clinical Coaching▪ Data Collection▪ Curricula Development
Professional Accomplishments	Health and Wellness/Community Health Worker <ul style="list-style-type: none">▪ Educate community stakeholders and advocate for local health needs▪ Provide direct health services▪ Provide health coaching▪ Link children and families to additional health care resources▪ Demonstrate cultural competency▪ Follow safety protocol▪ Data collection and report generation▪ Develop curriculum for health and wellness initiatives▪ Community outreach/organizing, health and wellness planning, and population/disease management▪ Increased awareness of chronic disease▪ Educated the community on health care needs▪ Build collaborative relationships within the community	
Work History	February 1, 2014 Community Health Worker, Beech Brook, Cleveland, OH 2002 - 2014 Surgical Coordinator/Patient Service Representative, Cleveland Clinic, Cleveland, OH 2002 - 2014 Health and Wellness Intern, Kent State University, Kent, OH	
Education	B.A. in Health Promotion & Education Baldwin-Wallace College Berea, OH	Dietetics Kent State University Kent, OH



Vanessa Davis

216-391-4069

Carl B. Stokes Social Services Mall, 6001 Woodland
Ave., Cleveland, OH 44104

<http://www.beechbrook.org>

Professional Profile	<p>As a Family Life Educator at Beech Brook, Vanessa is trained and experienced in facilitating parenting sessions and providing mediation. She is also trained in child development and infant brain development, and is experienced in facilitating Beech Brook's STEPS program.</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> ▪ Community Relations ▪ Curriculum Development ▪ Health & Wellness ▪ Schedule Development </td><td> <ul style="list-style-type: none"> ▪ Curriculum Instruction ▪ Program Development ▪ Youth Instructor ▪ Childcare Provider </td></tr> </table>	<ul style="list-style-type: none"> ▪ Community Relations ▪ Curriculum Development ▪ Health & Wellness ▪ Schedule Development 	<ul style="list-style-type: none"> ▪ Curriculum Instruction ▪ Program Development ▪ Youth Instructor ▪ Childcare Provider
<ul style="list-style-type: none"> ▪ Community Relations ▪ Curriculum Development ▪ Health & Wellness ▪ Schedule Development 	<ul style="list-style-type: none"> ▪ Curriculum Instruction ▪ Program Development ▪ Youth Instructor ▪ Childcare Provider 		
Professional Accomplishments	<p>Family Life Educator</p> <ul style="list-style-type: none"> ▪ Facilitate STEPS program ▪ Assist with intakes of programs and services ▪ Collaborate with community agencies and organizations ▪ Facilitate parenting education sessions and provide childcare ▪ Recruit and train volunteers ▪ One-on-one sessions with moms in teen foster parenting program ▪ Data collection and reporting <p>Youth Director</p> <ul style="list-style-type: none"> ▪ Supervised over 20 volunteers and staff ▪ Developed activities for Education Department ▪ Assisted with programming 		
Work History	<p>2007 - Present Family Life Educator II, Beech Brook, Cleveland, OH</p> <p>2006 - Present Youth Director, Cleveland Church of Christ, Cleveland, OH</p> <p>2001 - 2006 Assistant Director, Cleveland Church of Christ, Cleveland, OH</p> <p>1996 - 2001 Primary Youth Teacher, Cleveland Church of Christ, Cleveland, OH</p>		
Education	<p>Studying Early Childhood Education Cuyahoga Community College Cleveland, OH</p>		



Jeanette Brown

216-391-4069

Carl B. Stokes Social Services Mall, 6001 Woodland
Ave., Cleveland, OH 44104

jbrown@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	As a Family Life Educator at Beech Brook, Jeanette has provided center-based childcare during parenting sessions for more than 5 years.	
	<ul style="list-style-type: none">▪ Childcare▪ Administrative▪ Supervision▪ Reporting	<ul style="list-style-type: none">▪ Recordkeeping▪ Intake▪ File handling▪ Office duties
Professional Accomplishments	Child Care Provider <ul style="list-style-type: none">▪ Supervise and monitor the children during parent individual and group sessions▪ Answer phones and assist with intake as needed▪ Clean and sanitize child care room and equipment▪ Assist with other administrative duties as assigned	
	Health Information Management Clerk <ul style="list-style-type: none">▪ Assemble/prepare medical records▪ Mail out patient reminder appointment letters▪ Maintain excel data file▪ Scan in medical documents into the computer system▪ Order and stock office supplies▪ Perform other duties as assigned.	
Work History	2001 - Present Child Care Provider, Beech Brook, Cleveland, OH	
	2001 - Present Health Information Management Clerk, Cleveland Clinic, Cleveland, OH	
	1997 - 2001 Textile Care Worker, Cleveland Clinic, Cleveland, OH	
	1991 - 1997 Service Worker, Cleveland Clinic, Cleveland, OH	
Education	Associate of Science Cuyahoga Community College Cleveland, OH	



Darnell Carter

216-391-4069

Carl B. Stokes Social Services Mall, 6001 Woodland
Ave., Cleveland, OH 44104

dcarter@beechbrook.org
<http://www.beechbrook.org>

Professional Profile	<p>As a Family Life Educator at Beech Brook, Darnell has been instrumental in developing and delivering the Father's program and Saturday morning healthy relationships breakfast program, both of which emphasize the importance of parental involvement from both the father and the mother and building healthy relationships for healthy families.</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> ▪ Group Facilitator ▪ Case Manager ▪ Counselor ▪ Crisis Intervention </td><td> <ul style="list-style-type: none"> ▪ Mentoring and Training ▪ Parent Educator ▪ Client Mediation ▪ Anger Management Facilitator </td></tr> </table>	<ul style="list-style-type: none"> ▪ Group Facilitator ▪ Case Manager ▪ Counselor ▪ Crisis Intervention 	<ul style="list-style-type: none"> ▪ Mentoring and Training ▪ Parent Educator ▪ Client Mediation ▪ Anger Management Facilitator
<ul style="list-style-type: none"> ▪ Group Facilitator ▪ Case Manager ▪ Counselor ▪ Crisis Intervention 	<ul style="list-style-type: none"> ▪ Mentoring and Training ▪ Parent Educator ▪ Client Mediation ▪ Anger Management Facilitator 		
Professional Accomplishments	<p>Family Life Educator</p> <ul style="list-style-type: none"> ▪ Coordinates activities for programs. ▪ Receives and processes referrals for programs. ▪ Facilitates parenting groups. ▪ Facilitates father's groups. ▪ Facilitates Saturday Morning Healthy Relationships breakfast groups. ▪ Performs intake assessments. ▪ Provide community resources on an as needed basis. <p>Social Worker/Case Manager/Counselor</p> <ul style="list-style-type: none"> ▪ Stabilizes clients in crisis situations. ▪ Facilitates housing placements and referrals. ▪ Teaches community living skills. ▪ Provides training in self-care. 		
Work History	<p>1995 - Present Family Life Educator, Beech Brook, Cleveland, OH</p> <p>1995 - 2002 Radio Talk Show Host, WJMO, The Black Family, Cleveland, OH</p> <p>1991 - 1997 Social Worker, Community Guidance, Inc., Cleveland, OH</p> <p>1990 - 1991 Case Manager – Substance Abuse/Mentally Ill (SAMI Project), Neighborhood Counseling Services – SAMI/Power Project, Cleveland, OH</p>		
Education	<p>Political Science Major University of Arizona Tucson, AZ</p>		



Proposal To:
Ohio Department of Job and Family Services
Ohio Parenting and Pregnancy Program Grant

Appendix D – FY 13 Annual Report



transformation

2012 – 2013
ANNUAL REPORT





FROM THE BOARD OF DIRECTORS



Walter Stuelpe, Chair



Nearly 50 years ago, during a tumultuous time in our nation's history, Bob Dylan wrote: "The times, they are a changin'."

Once again those words resonate as we face a transformative time in our work with children and families. There are momentous changes ahead in the Ohio health care environment, at a time when already scarce resources continue to shrink. Increasingly stringent regulations place greater demands on our operations while, at the same time, the number of children and families who need us most continues to grow.

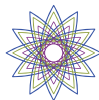
The move toward integrated health care, a philosophy that Beech Brook embraces, will also mean major changes for the organization in the years ahead. In preparation for this, we have already secured extraordinary grants from organizations such as the Cleveland Foundation and the national Alliance for Children and Families to support the strategic planning and the development of internal systems that will be necessary for this transition.

There are other major changes at Beech Brook as well. On July 1, long-time President Mario Tonti began transitioning into the role of Executive Advisor. It has been my privilege to work with Mario over the past 20 years as he envisioned and led the agency's transition from a small residential treatment center to the highly respected behavioral health agency it is today. And I look forward to continuing that partnership with Debra Rex, as she assumes the dual role of President/CEO and shoulders the full responsibility of leading a \$25 million nonprofit agency—a job not for the faint of heart!

The Beech Brook of tomorrow may look different in many ways, but one thing remains steadfast: our passion for and connection to the well-being of the most vulnerable children and their families. That is the rock upon which Beech Brook has been built and which will anchor us as we negotiate these changing times.

I know that I speak on behalf of the entire Board of Directors when I say I am thankful to be part of a truly remarkable institution like Beech Brook and grateful to each of you for your support of this worthy mission.

“The times, they are a changin’.”



FROM THE EXECUTIVE OFFICE

Poet Emily Dickinson once wrote: *Hope is the thing with feathers that perches in the soul. And sings the tune without the words, and never stops at all.*

As you've read in Walt Stuelpe's message, in the coming year, transformation will be coming to Beech Brook, as we prepare for major changes in our field. But despite the potentially seismic shifts taking place all around us, there is one thing that, in Dickinson's words, "never stops at all": **our mission of hope for children and families.**

In the pages that follow, you'll read just a few stories of transformation from lives of abuse, neglect, loss or despair to a place of hope and a firm foundation for the future. Those stories are repeated every day in countless ways as our staff members touch the lives of more than 24,000 children and families.

Each journey is different. Change may come in baby steps, as children confront the demons brought on by years of trauma. A transformative moment may come in the midst of a parenting class, as parents experience a moment of empowerment and realize that they do have the power to change the future for their children. Hope is reborn when a child finds an adoptive home and a loving family and learns to feel safe, perhaps for the first time.

The future is changed when foster teens—a group too often destined for homelessness or the criminal justice system—transition successfully into the adult world. We can't say how many incidents of violence or school drop-outs have been prevented, but we know that our school-based mental health programs have transformed the lives of countless troubled students, keeping them and our community safer.

The list of ways in which Beech Brook is changing lives plays out hundreds of times every day on our campus, in schools, in homes and families, in our Drop-In Center or outpatient clinic.

And each one of you, no matter what your role, plays a part in that transformation and in helping Beech Brook continue our mission of hope for children and families. We look forward to your continued support as we navigate the changing world of behavioral health care in the months ahead!



Debra Rex, M.A., M.Ed., CEO



Mario Tonti, D.S.W., President





“There is no single effort more radical in its potential for saving the world than a transformation of the way we raise our children.”

~ Marianne Williamson



This past year has truly been a transformative period in Beech Brook's history. With the child welfare system moving toward an integrated approach to physical and behavioral health care, Beech Brook has launched a monumental culture shift to ready the agency at every level to move forward with the implementation of integrated care. From the transformation of our internal systems to enhance care coordination, to the transformation of the way we do business with our partners and other providers—we have seen extraordinary, unprecedented changes in the way we do our work.

As this innovative and exciting era in children's services takes shape, we have helped our staff embrace a new philosophy of individualized care and health promotion to help the families they work with move toward physical and emotional well-being. We also have secured the necessary support to build the organizational capacity needed to provide holistic, comprehensive care to children and families in a multi-service environment. Throughout this report, you will read about the many ways in which Beech Brook has transformed lives, directions, services—and the community—through our wide range of specialized programming.

Although many of the details and policies surrounding integrated care are still developing, we believe the changes that are emerging will be very good for the population we serve. And we're excited about new opportunities to pursue our mission in ways that can make an even greater—and lifelong—impact on children who struggle with mental illness.





TRANSFORMING LIVES

There's no doubt that in today's environment, without social services from agencies like Beech Brook, the individual, family and societal consequences are dire. Consider these statistics: Without proper counseling and support, 30 percent of abused and neglected children will later abuse their own children; 80 percent of 21-year-olds who were abused as children will have at least one psychological disorder; and children who experience child abuse and neglect are 30 percent more likely to commit a violent crime.

But Beech Brook has been here, for the last 161 years, countering the odds, changing the results—transforming lives. Through our campus-based treatment programs, children struggling to barely hang on in the most heartbreaking of circumstances are given the help they need to turn their lives around and the hope they need for a healthier future.

Children like Elijah, a young boy whose mother neglected him so severely that she went to prison—leaving him in foster care.

Not knowing how to properly manage the grief, anger, sadness and confusion, he lashed out in his foster home. His difficult behavior escalated, requiring Elijah to be placed in Beech Brook's short-term Intensive Treatment Unit.

Initially, he didn't want to talk about all the terrible things that had happened to him. However, by supporting him at school with a unique and specialized environment, in Residential Treatment with around-the-clock access to cottage staff and therapy, and in the community with wraparound services, Beech Brook was able to give him a whole new outlook on life and his future.

Beech Brook also helps transform families through other programs like Family Preservation, an intensive, short-term intervention program that helps prevent the devastation of a shattered home. For families like the Morriszes, this program was a critical lifeline when their oldest child was removed from custody.

“... I thank God for Beech Brook.”

By helping the mother connect with valuable community resources and providing education on child development and effective discipline, the Morris' situation was stabilized. Today they are back together as a family—stronger than ever before.

For other families, education and a well-trained listener can be just the ticket to turning things around. Families like the Rameys, whose 7-year-old thanks Beech Brook for giving him his mother, Tanya, back. Tanya, who struggled emotionally from being sexually abused as a child, had reached the end of the line: abusing alcohol and drugs, mentally exhausted, in jail and unable to care for her children.

But with the expert help of Beech Brook's anger management and parenting classes at the Family Drop-In Center, Tanya has turned her life around.

"Just listening to someone can save their life. That's what Beech Brook did for me and my children. They listened. I thank God for Beech Brook."





TRANSFORMING LIVES

Finding His Voice


Already emotionally damaged from having been removed from his home and put into foster care, 3-year-old Dupree was further traumatized by being violently abused at his daycare. Brutally injured by being thrown into a concrete wall by a child care worker whom he was supposed to trust, little Dupree was left battered, bruised and unable to cope.

Although his body eventually healed, Dupree suffered from post-traumatic stress disorder. He hated going to school and acted out so badly he had to be removed from the traditional classroom. Living in a constant state of fear, flashbacks and nightmares of the abuse filled his head. His sister, who had witnessed the incident, became very overprotective, hovering over him 24/7. Though well-intended, he was feeling smothered. He heard voices. He couldn't concentrate. He needed help...

Dupree began receiving therapy from Beech Brook's art therapist Rick Rule-Hoffman. His medium: water. A unique form of art therapy, water play was soothing for Dupree. He could control it. And with gentle guidance from Rick, Dupree was able to start identifying and labeling his emotions.

He needed help...

I can't forget you, that's impossible. I graduate Sunday. Finally it's soon to begin, my life. I cannot and will not forget my roots. I have come very far. I will never give up no matter what. You, I cannot forget. You, by God's Will shined a light in the Void I was in. You illuminated my fears of others and helped me face those dragons. I appreciate all you have done for me. You earned a permanent place in my heart.

 *(From Kenneth, a longtime client at Beech Brook, to his therapist)*

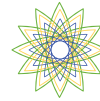
He also began to recognize cues—things or situations that caused him to relive his trauma—such as sirens and police. Through therapy, Dupree learned the skills and was given the tools to manage his fears, his behavior and his life.

Exploring other outlets, Dupree also participated in Beech Brook's Music Therapy program, which allowed him to further express his feelings and channel his energy. It also revealed his gifted singing voice, natural musical talent, and most importantly—his passion to perform!

Today, Dupree's young life has been completely turned around. "He's come such a long way," Rick said. He's no longer weighed down by his trauma and is doing much better in school. Now both adopted, Dupree and his sister remain very close, sharing a special bond. His mother credits Beech Brook and the strong network of family and friends who helped her care for Dupree in trying times. "We never gave up on him, and we are grateful they never gave up either," she said.

Doing well in second grade and at home, Dupree remains involved in music as a way to keep calm and focused. Who knows, maybe someday we'll see him on "The Voice!"





TRANSFORMING DIRECTIONS

Nationally, the statistics are pretty grim. Twenty-five percent of former foster children experience homelessness as an adult; 81 percent of men who aged out of foster care have been arrested—and only about half will be employed in their mid-20s.

But at Beech Brook, we believe the ending of every story can be changed and that new pathways can be taken if kids get the right help.

Every day we are transforming the directions in which our foster children head.

Willa, a foster parent who has taken in more than 20 children over the last 18 years, credits Beech Brook for her success in helping youths overcome the odds. “The training is beautiful,” she said. “I have never called and not gotten the help I need.” No doubt she has made a difference in every one of her foster children’s lives over the years, although she swears they’re the ones who have changed hers.

For older youths in foster care, the reality of aging out of the system and being on their own is daunting. They are afraid of being alone, homeless and jobless.

Run by LaTasha Watts, our Independent Living program helps kids prepare for life as young adults by teaching them about things like money management, educational opportunities and housing options after high school.

LaTasha has a special relationship with these teens, because she, too, was a foster child before she aged out at 18. She then overcame a series of obstacles, including homelessness, single parenthood and cancer—all by age 23. Her personal story of transformation is inspirational to the kids who know they will soon be on their own.

Other programs like Successful Alliance for Family Engagement (SAFE) also help at-risk children beat the statistics by preventing them from going into higher levels of care.

For 18-year-old Sulaiman, who was referred to SAFE by Juvenile Court after being charged with domestic violence against his stepfather, this program delivered the individualized services he needed to live with his family and move in a positive direction. Diagnosed with depression, Sulaiman lacked motivation, felt hopeless, and exhibited extreme anger.

In addition to receiving medication for his depression, Sulaiman was supported by a strong wrap-around process that capitalized on his strengths. Thanks to these services, Sulaiman was able to graduate from high school and is now attending Tri-C—a dream he never would have thought possible. Today, he also has a job and is working to save money for his future, for which he now has a renewed sense of hope.

Sometimes a little hope can go a very long way in helping families change their paths in life. For Aida, a 34-year-old mother of two, her whole world crumbled when she lost her job, her husband and all of her possessions. One step from living on the streets with her two young boys, Aida found the assistance of Beech Brook's Homeless Prevention program.

In collaboration with FAMICOS, the program helps families stabilize their housing and connect with other social services.

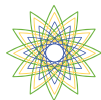
With Beech Brook's help, Aida now has a steady job, a roof over her head and a new outlook on life. For others in her situation, Aida has this encouraging advice: "No matter how bad things are, life goes on and you have to keep moving... Our greatest weakness lies in giving up. I was afraid of starting over again. Then I remembered, the most certain way to succeed is to always try just one more time."

Having a special person who will listen and spend time with kids outside of home or school can also make a world of difference. Beech Brook's mentoring program, STRIDE (Skill Building, Teaching, Role Modeling, Independence, Development, Empowerment), matches children and teens with positive role models.

Children like Danny, who most of his life was a loner, discovered a whole new side of life when he began interacting with kids his own age. Danny lived with his grandmother, who was very protective of him. Their neighborhood was not very safe, so she rarely let him play outside with other kids. He was so withdrawn and isolated from other children that his teachers and school-based therapist became increasingly concerned.



...he now has a renewed sense of hope.



TRANSFORMING DIRECTIONS

Connecting him with a mentor, Joe, was the key to getting him out of his shell. The pair often went to the park to play basketball, and with gentle encouragement from Joe, Danny started playing with some of the other kids. His self-confidence blossomed, and soon he was playing basketball every week and making new friends.

Danny now socializes with kids at school and is a leader among his peers. The ripple effect has been amazing; he's doing better in school and has experienced a drastic transformation in his self-esteem and his outlook on the future.

Other programs like Comprehensive Sex Education (CSE) provide kids with the tools and information they need to make appropriate choices that can have huge impacts on their lives.

After taking the class, one girl was especially proud to report that she now respects herself and her body for the first time in her life. Sexually abused as a child, she had always felt the abuse was her fault and that she didn't deserve respect. This led to engaging in risky behavior. After she learned about boundaries, sexual abuse and respect, she began to see herself through a different lens. She now understands that she can say "no," which undoubtedly will help her avoid negative consequences down the road.

Boy Finds Strength to Change Life's Path



"Do you like my shoes?" A little voice can be heard in the back of the room.

"My mom shined them with peroxide," he went on in detail. "Do you like my suit, too?" he said, showing it off proudly. "It's new."

"Yes, yes—you look very nice," the boy's therapist said.

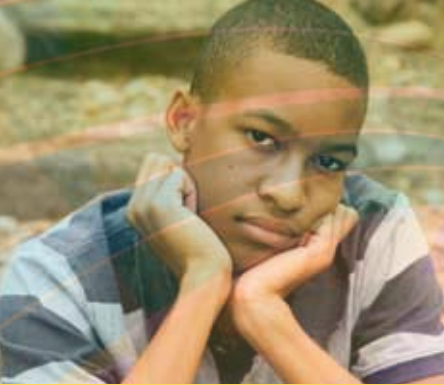
Looking at the smiling young man, all dressed up and ready for the summer concert in Beech Brook's Fenn-Wright Center, you never would have guessed that he was a survivor of the most unimaginable kinds of torture.

Not so long ago, Nathan's story made headline news: A small boy was found hogtied to a table, badly beaten. He and his nine siblings—all victims of terrible abuse—were removed from their home. Their parents were sent to prison.

For some reason, Nathan had suffered the most horrendous cruelty out of all the children. Repeatedly thrown against the wall. Sexually abused by his mother and made to witness forced sexual acts between his brothers and sisters. He was even set on fire by his own mother. But somehow, after all this, Nathan found the strength to be able to move into a foster home after just a short stay in Residential Treatment.

Today he's still in Day Treatment, where he continues to work on healing from his trauma. As part of his therapy, he's writing a book: "The Bad Things That Have Happened to a Good Kid Like Me." Each page details another horrific form of abuse he was forced to endure.

With Beech Brook's expertise in Trauma Informed Care, however, Nathan is well on his way to changing the devastating direction in which his life was likely headed.



The following two poems illustrate the extraordinary transformation children experience at Beech Brook. The first one is by a child at an early stage in her treatment; the second is by a child near the end of treatment.

Just When Will It End?

When does all the hurt end
When do I get to stay at one place and make friends
When does a life with a family begin
Just tell me when does all the hurt end

When will I get to no longer feel hurt or loss
From the dreadful news I hear from the boss
I feel like I keep getting tossed and tossed
Oh help me oh Holy Father who died on the cross

When does all the hurt end
When finally does my childhood begin
Where next will my sister and I be sent
When does all the hurt end

Thank you for the wisdom
Thank you for the courage
Thanks for the insight
Thanks for bringing me up
Thanks for believing in me
Thanks for the love and support
Thanks for being like a father
Thanks for being here for me
Thanks for helping me face my fears
Thank you for the encouragement
Thanks for not giving up on me
Thanks for putting my shattered
heart together
Thanks for opening my eyes
Thanks for helping set me free.
Thanks for everything...
Words can't explain what
you mean to me.

Grandmother Sees Extraordinary Changes in Her Grandson



Aaron experienced a lot of trauma in his young life, suffering from extreme abuse and neglect at the hands of his parents. As a result, Aaron had severe developmental delays. His grandparents gained custody and exhausted many different options to get their grandson the help he needed.

Despite their efforts, however, Aaron became increasingly aggressive and violent. He physically attacked people in the community, other kids at school and even his grandfather. A simple trip to the grocery store often turned into a violent situation. His grandparents were increasingly concerned about their safety, but more so for his—especially when he would run away from home.

Feeling helpless with nowhere else to go, they turned to Beech Brook. They were able to keep him and others around him safe, and eventually were able to gain his trust. With the help of his therapist and other care providers, Aaron learned how to identify triggers and coping skills to better manage his anger and anxiety. He also learned to verbalize his frustration, which drastically decreased the number of violent and aggressive incidents.

Aaron's grandparents are extremely pleased with the positive changes they have seen in their grandson since coming to Beech Brook. In the past, Aaron didn't have any friends because of his behavior. Now, when his grandparents come to visit him, they see him playing and interacting with his peers.

"It's a miracle," his grandmother said.
"We've never seen him like this."

His treatment team at Beech Brook has high hopes that Aaron soon will be discharged, after which he will be connected with services in his neighborhood to continue the healing process.



TRANSFORMING SERVICES

Embracing new philosophies of service delivery in preparation for integrated behavioral and physical health care, Beech Brook enhanced many of its programs over the last year.

Part of this preparation involved laying the foundation for the implementation of Health Homes, Ohio's coordinated care initiative. Our Health Home team worked tirelessly to move this program forward as details unfolded from the state. Some of the groundwork included the Nursing Department engaging foster parents and families in their children's medication management, nutrition and care of chronic conditions. There was also increased collaboration among nursing, the nutritionist and campus programs regarding the management of childhood obesity and special dietary needs. In addition, our Intake Department revamped its system to accommodate changes related to integrated care.

Our campus programs saw many new improvements as well, including strengthening our Alcohol and Other Drug treatment programming; launching research-based intensive therapy groups to complement treatment; developing a new Partial Hospitalization curriculum; and delivering shorter stays with maximum outcomes.



TRANSFORMING THE COMMUNITY

One in five people in the United States have experienced a mental health issue within the last year, with 8 percent of all adolescents experiencing a major depressive episode. Compared with their peers, young people who suffer from serious mental health disorders are more likely to experience homelessness, be arrested, drop out of school and be unemployed. The negative impact mental illness has on our community is undeniable.

But the positive impact Beech Brook's services have on our community is also undeniable. From Chardon, where we continue to lead counseling and trauma recovery services in response to last year's school shooting—to Lorain County, where our Youth Crisis program helps suicidal and homicidal youths, and our Intensive Home-Based Treatment program is in high demand. Beech Brook is there.

From our school-based mental health programs throughout public school districts and charter schools in Cuyahoga, Geauga, Summit and Lucas counties—to our outpatient counseling services—to our prevention and education programs. Beech Brook is there. On campus, in schools, throughout the community, Beech Brook has served more than 24,000 children and families this past year. And each of those lives touched has an effect—some big, some small—on the health and well-being of our society as a whole.





24,333 CHILDREN AND FAMILIES SERVED

July 1, 2012 – June 30, 2013

Family Health Drop-In Center Programs

Anger Management ~ 362

Basic Parenting Classes ~ 188

Recovering Parents ~ 93

Father's Group ~ 133

Drop-In ~ 413

Family Focused Workshops ~ 181

STEPS (Security, Touch, Eyes, Play and Sound)

Library ~ 240

Chagrin Falls Park ~ 12

Comprehensive Sex Education ~ 10,000

Seminars for Divorcing Parents ~ 2,532

Moms and Mentors ~ 44

North Coast Academy ~ 50

Homeless Prevention Program (FAMICOS) ~ 416

PASS (Parents Assisting Sterling Students) ~ 33

PREP (Personal Responsibility Education Program) ~ 43

Orange School Project ~ 774

Chardon School Project ~ 612

REACH (Releasing Excellent Alternative Community Help) ~ 786

School-Based Mental Health Services ~ 2,151

Home Visiting Program ~ 1,870

Defending Childhood ~ 26

STRIDE (Skill Building, Teaching, Role Modeling, Independence, Development, Empowerment) ~ 131

SAFE (Successful Alliance for Family Engagement) ~ 227

Family Preservation ~ 193

Therapeutic Tutoring ~ 39

Early Childhood Mental Health Treatment ~ 102

Mental Health Ages 0-3 ~ 100

Child Care Consultation ~ 197

Early Intervention ~ 208

Lorain County Intensive Home-Based Treatment ~ 89

Lorain Youth Crisis ~ 166

Lorain Multidimensional Treatment Foster Care ~ 4

Outpatient Mental Health Services

(Cuyahoga County) ~ 963

(Lorain County) ~ 229

ACT (Assertive Community Treatment) Team ~ 69

Outpatient Drug and Alcohol Services ~ 35

Foster Care, Levels 1-3 ~ 102

Foster Care, Level 4 ~ 80

Day Treatment ~ 58

Residential Treatment ~ 110

Partial Hospitalization ~ 151

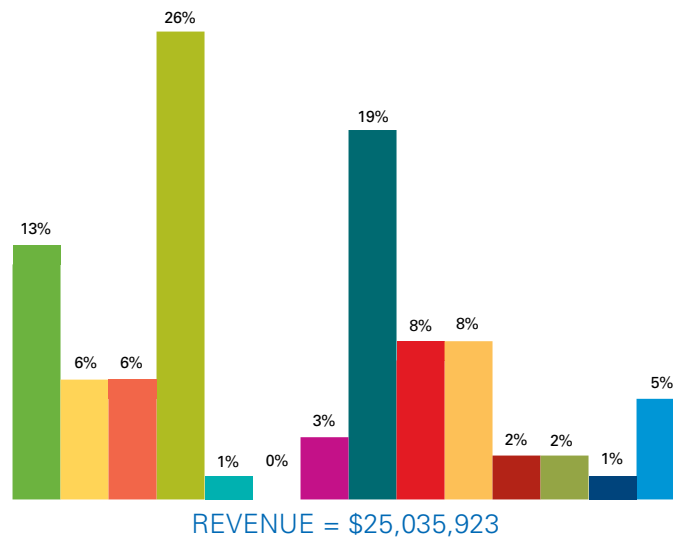
Intensive Treatment Unit ~ 121



FINANCIALS

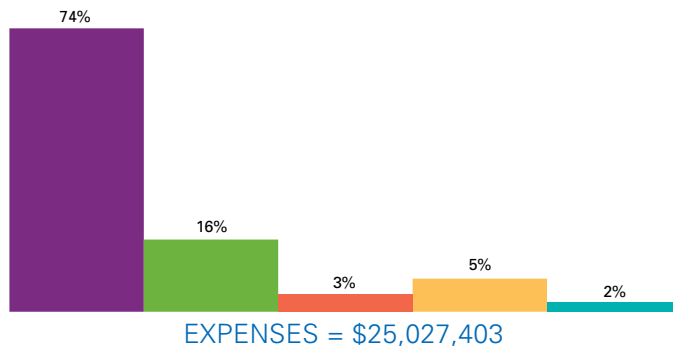
REVENUE

13%	Residential Treatment	\$ 3,168,999
6%	Intensive Treatment	\$ 1,514,866
6%	Day Treatment	\$ 1,339,662
26%	School-Based Services	\$ 6,526,762
1%	Family Preservation	\$ 290,060
0%	Adoption	\$ 76,579
3%	Family Health	\$ 622,207
19%	Foster Care	\$ 4,787,520
8%	Charitable Income	\$ 2,026,348
8%	Outpatient Clinic	\$ 2,017,884
2%	Early Childhood	\$ 545,570
2%	ACT	\$ 550,936
1%	Transitional Work Programs	\$ 268,639
5%	Programs for At-Risk Youth/Families	\$ 1,299,891
100%	Total	\$ 25,035,923



EXPENSES

74%	Salary Related	\$ 18,530,520
16%	Service Related	\$ 3,893,114
3%	Facility Related	\$ 831,236
5%	Administrative	\$ 1,290,485
2%	Miscellaneous	\$ 482,048
100%	Total	\$ 25,027,403





THE JEPHTHA HOMER WADE SOCIETY

The Jephtha Homer Wade Society recognizes our most significant supporters, all of whom have contributed \$100,000 or more in total to Beech Brook. The Wade Family's commitment to Beech Brook is truly immeasurable in our history, beginning with the donation of the orphanage on St. Clair Avenue by the first Jephtha Wade to the land and some of the buildings on our present campus by his grandson. Members of the Wade Family have served more than 130 years on the Board of Trustees and Board of Managers, and their legacy lives on through the ongoing gifts from family members today.

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*(**Bold** indicates new members to the Society)*

For more than 60 years, Suzanne Brookhart Harrison dedicated her time, energy and enthusiasm to Beech Brook. In the process, she earned a very special place in the history of this institution and in the hearts of everyone who knew her. Her devotion to children and to the work of Beech Brook inspired both an annual award in her name and a giving society for those who have given charitable gifts to Beech Brook for 25 years or more.

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The Children's Hope Society honors donors whose planned gifts demonstrate their commitment to the work and future of Beech Brook. These gifts, which are placed in Beech Brook's Endowment Fund, allow supporters to create their own legacies of hope for children and families. The interest income from Beech Brook's Endowment supports the ongoing provision of high quality services for children and families, innovation and program development, and research.

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LEADERSHIP GIVING ~ SAMUEL CLEMENS SOCIETY

(• indicates Samuel Clemens Society membership for current year)

Samuel Clemens, better known as “Mark Twain,” was so moved by the work being done by the Cleveland Protestant Orphan Asylum (now Beech Brook) to care for neglected and abandoned children that he donated the entire proceeds of his Jan. 22, 1869 performance at Case Hall. He closed the lecture with an impassioned appeal to his audience to support the organization generously.

Today, the **Samuel Clemens Society** recognizes individuals and family foundations who similarly support Beech Brook’s work with unrestricted leadership gifts of \$1,000 or more each year. These annual gifts provide the agency with critical funds to respond quickly and efficiently to emerging opportunities and the growing needs of the vulnerable children and families who turn to Beech Brook for help.

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LEADERSHIP GIVING ~ SAMUEL CLEMENS SOCIETY

(• indicates Samuel Clemens Society membership for current year)

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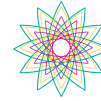
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OUR MISSION

To advance the well-being and self-sufficiency of children, youth and families by providing effective, innovative, physical and behavioral health, permanency, educational and related services, and by serving as a strong voice for children, youth and families.

3737 Lander Road
Cleveland, Ohio 44124
216.831.2255
www.beechbrook.org



Beech Brook is a contract agency of the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County.





Appendix E – Letters of Support

CUYAHOGA COUNTY BOARD OF HEALTH

YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

July 14th, 2014

Office of Contracts and Acquisitions
Ohio Department of Job and Family Services
30 East Broad Street, 31st Floor
Columbus, OH 43215

Re: Ohio Parenting and Pregnancy Program Grant – RFGA # JFSR1415178081
Letter of Support for Beech Brook

Dear Office of Contracts and Acquisitions,

I am writing in support of the proposal Beech Brook (BB) is submitting to the Ohio Department of Job and Family Services in response to the Ohio Parenting and Pregnancy Program Grant – RFGA # JFSR1415178081.

Beech Brook has long been a valued partner in providing Comprehensive Sex Education (CSE) Curriculum under The Cuyahoga County Board of Health's Teen Wellness Grant. Currently BB provides CSE Services to students in 8 school districts including the Cleveland Metropolitan School District. Last year over 10,000 students were provided CSE curriculum information.

Your support of the Beech Brook proposal will ensure that families continue to gain access to the critical services Beech Brook can provide, which promote healthy parents and healthy families. Please do not hesitate to contact us if you need additional information.

Sincerely,



Gloria Agosto Davis, MEd, CHES
Grant Coordinator, Teen Wellness

5550 Venture Drive ♦ Parma, Ohio 44130

Direct: 216-201-2000 ♦ Fax: 216-676-1311 ♦ TTY: 216-676-1313 ♦ www.ccbh.net

Terrence M. Allan, R.S., M.P.H. Health Commissioner



July 22, 2014

Ms. Debra Rex, M.A., M.Ed.
President/Chief Executive Officer
3737 Lander Road
Cleveland, Ohio 44124

The Cuyahoga Metropolitan Housing Authority (CMHA) is pleased to support Beech Brook's application to the Ohio Department of Job & Family Services (ODJFS) to provide Prenatal and Infant Care Education to low-income families.

Over the past 18 years, Beech Brook has worked closely with CMHA to provide education, resources, and support to families in the Central community and surrounding areas. The services offered by your organization are extremely valuable in helping families cope with their challenges.

Cuyahoga Metropolitan Housing Authority is pleased to be your partner. Our partnership has provided positive outcomes for our residents and families and we look forward to continuing this work. If you have any questions, please feel free to contact me at 216-271-2249.

Sincerely,

Jeffery K. Patterson
Chief Executive Officer

Jkp/kfg

Jeffery K. Patterson, Chief Executive Officer, Cuyahoga Metropolitan Housing Authority

July 21, 2014

To Whom It May Concern:

I am writing this letter of support for the Beech Brook Family Drop -In Center at the Carl B Stokes Social Service Mall. Beech Brook has been a valued partner as it relates to providing Family Based seamless services. We collaborate with Beech Brook with services needed for our consumers such as parent education, anger management, and also other resources needed for our families to remain intact and healthy.

The drop in center has been in the Central Community for over 18 years. Because they are a drop in center, they are always able to meet the parents and handle situations that may need immediate attention. Our parents are fortunate to have a safe haven to attend and seek support for their families. The Beech brook staff is welcoming, responsive, and dependable. The Central Community is fortunate to have Beech Brook Family Drop- in Center and the service they provide for some of the most vulnerable families in Cleveland.

We are looking forward to the continue collaboration with Beech Brook. We at Friendly Inn hope that favor is shown to Beech Brook in receiving the Ohio Parenting and Pregnancy Grant.

Sincerely,



Lottie Whittaker

July 18, 2016

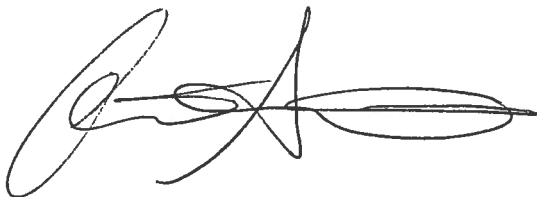
To whom it may concern:

I am writing this letter on behalf of Beech Brook Family Health Drop In Center. I am enrolled in the Basic Parenting classes, and I feel that I am getting the information I need to be a better parent for my child. I have learned the importance of early brain development throughout the weeks. I have also developed a strong bonding and attachment with my child. I feel the class has provided me the skills to raise my child and strengthen my family.

The things I have learned in parenting class throughout my weeks are:

- Noticing the kind of parent I am.
- What I expose to my child reflects their perception of how their actions may turn out to be in the future.
- Most importantly that I am taking this class to learn about my child, but I am truly discovering myself.
- The way I am raising my child is off of my own personal exposure from when I was a child.

Thank you Mr. Carter and Beech Brook for your services.

A handwritten signature in black ink, featuring a large, stylized initial 'P' followed by a series of loops and a long horizontal stroke.

Sincerely